

White City & Emerald Park

Community Newsletter

AUGUST EDITION, 2026



The U.S. just approved a giant space mirror to test 'sunlight on demand.' Low Earth orbit is getting weird

A giant mirror to create "sunlight on demand" was just approved by the United States Federal Communications Commission (FCC), despite opposition from astronomers and the public, and real safety concerns.

The FCC approved the company Reflect Orbital to test one satellite, named Earendil-1, as a means of reflecting the sun's rays back to Earth for extra solar energy and wide-area lighting. The light is expected to cover an area about five kilometres wide, and will require repointing every four minutes.

And this is just the start. Reflect Orbital plans to have more than 50,000 satellites in action by 2035, which they claim will be used across agricultural, emergency response and other industrial sectors.

There are many problems with this proposal, including impacts these satellites will have on human health and safety, as well as on astronomy and the low-Earth environment.

Flashes during mirror repointing could disrupt pilots and drivers. The light

could also disrupt circadian rhythms of plants, animals and humans. Sensitive detectors in research telescopes, as well as star-tracking cameras on lower altitude satellites, could be overloaded and fried.

The FCC said that the "risks of harm raised on the record regarding Reflect Orbital's solar reflector are unrelated to the Commission's role in authorizing use of radiofrequency spectrum."

'Weird space stuff'

Satellite proposals for "emergent space activities" in low-Earth orbit are becoming increasingly outlandish. The proposals have become so weird, in fact, that the FCC recently published a document called "Spectrum Abundance for Weird Space Stuff."

"Once the province of science fiction," this document states, "American companies are now upgrading, relocating and servicing satellites; manufacturing pharmaceuticals in space; building private inhabitable spacecraft; and conducting private robotic missions to

the surface of the Moon."

Millions of orbital AI data centres are also planned. Corporations seem to be scrambling to launch anything that might persuade investors throw money at them: space advertising, hotels for billionaires, artificial meteor showers, space burials for cremated remains, solar-powered infrared beams to power data centres and a variety of orbital missiles.

The phrase "weird space stuff" is refreshingly truthful. So, how did we get here?

SpaceX controls orbit

There are close to 11,000 SpaceX Starlink satellites currently in orbit above our heads. Anyone who wants to launch into low-Earth orbit needs to carefully consider SpaceX operations, or directly co-ordinate with them.

Otherwise they risk collisions, like the near-miss between a Starlink and Chinese satellite in December 2025.

Even the Artemis I launch in 2022 and Artemis II launch in 2026 had small "cutout"

windows in their launch timing to avoid satellites, including those belonging to Starlink.

Co-ordination is good. Forcing it because one corporation has effectively occupied low-Earth orbit is not. Indeed, the 1967 Outer Space Treaty, which was signed by more than 100 countries including the United States, China and Russia, states that, "outer space is not subject to national appropriation by claim of sovereignty, by means of use or occupation."

Whether SpaceX's extensive use of Earth orbits violates this principle is now being tested in real time.

Copycat

megaconstellations

In February, SpaceX filed with the FCC for one million more satellites, for "AI data centers."

One million. That is 40 times as many satellites as have ever been launched — for a single megaconstellation consisting of completely untested technology

- continued on pg. 2

The U.S. just approved a giant space mirror to test 'sunlight on demand.'

Low Earth orbit is getting weird - cont'd

that may not even work in space.

Not only did the FCC accept SpaceX's filing, but they did so at ludicrous speed. Scientists worldwide then had just 30 days to model the effects with woefully incomplete information on masses, sizes, compositions and orbital distributions.

At the time of writing, four other copycat AI data centre proposals have been filed by rival companies, for tens of thousands of satellites each. And SpaceX just proposed another 100,000 satellites to interface with the million AI data centres that it already asked for.

Solar energy from space

The U.S. Federal Communications Commission was originally set up to regulate radio broadcasts. But it is now being asked to evaluate many non-radio

effects, including orbital safety, which it may not have the required expertise for. It would make sense to move some of this evaluation to the U.S. Office of Space Commerce. However, recent budget cuts make that infeasible.

Consequently, the FCC will soon be asked to judge a daunting range of satellite proposals. They include a cluster of proposals to gather solar energy from space.

One idea is to send solar power down to earth through high energy beams. These could change atmospheric chemistry and kill birds and other wildlife that stray into the beam.

They would also require no-fly zones around receiving stations for airplanes and also satellites on lower altitude orbits (such as the orbits SpaceX just requested for 100,000 more Starlink satellites).

Environmental costs

While many of these projects claim to solve environmental problems by creating clean energy or capturing it in space, they function as a form of greenwashing.

The solar energy generated is only clean if you ignore the environmental costs of building, launching, maintaining and burning satellites up in Earth's atmosphere. The daily operations of all these proposed systems will have huge environmental consequences.

There are companies that have tested plans for removing space debris from orbit. This is helpful for avoiding Kessler Syndrome — a runaway chain reaction of collisions. But where will the debris go once removed from orbit?

It will fall into Earth's atmosphere, where it will deposit metal and possibly

impact Earth's surface. It is unclear who is responsible for any resulting damage or deaths.

For all humankind

The majority of satellites in orbit today are American, and the main federal agency regulating satellites is not set up to do that well. We are now seeing the consequences.

While outer space is effectively infinite, low-Earth orbit most definitely is not. Satellites orbit the Earth around once every 90 minutes. This means the collision potential between two objects in orbit is large.

The many satellites and rocket bodies that have burned up in Earth's atmosphere over the last few years have already measurably altered it. Preliminary studies show that using Earth's atmosphere as a crematorium for tens of

- continued on pg. 15



Dr. Kelsey Ross



Dr. Chantara Lerner



Emerald Park Dental

Hours

Monday 8-5
Tuesday 8-5
Wednesday 8-5
Thursday 8-5
Friday 8-2

Dentists

Dr. Kelsey Ross
Dr. Chantara Lerner

New Patients
Welcome

General Dentistry

Emergencies
Welcome

306.949.2767 • emeraldparkdentalclinic.com

312 Great Plains Road, Emerald Park S4L 0B8

Stay safe from heat and wildfire smoke this summer

It seems that every summer in Canada brings with it a fresh round of headlines about wildfires. As the climate shifts, forest fires are becoming more frequent and intense. This is due to longer dry periods that make lightning strikes more likely while making grass and trees more flammable.

The 2023 fire season was the worst wildfire season, with 15 million hectares burned across Canada. Communities in every province and territory experienced wildfires and many thousands of people were evacuated from their homes. Drought and extreme heat conditions in 2023 also led to a terrible season with about eight hectares burned from several larger fires, especially in Manitoba, Northern Ontario, Nova Scotia and Newfoundland and Labrador.

While they're an expected part of life in certain regions, wildfires bring serious health risks, especially when they occur with extreme heat events. Here are some important things to know:

Wildfire smoke is dangerous, even far from the fire. The smoke from a wildfire can be carried on the wind thousands of kilometres away from

the actual fire zone. It contains a number of potentially harmful substances, including fine particles—these are what pose the biggest health risk. There's no known safe level of exposure to wildfire smoke, so it's important to be aware and protect your health, even when levels are low. The air quality can be poor even if you can't see or smell smoke.

Some people are at especially high risk. Wildfire smoke and extreme heat are dangerous for everyone, but some people can be at a higher risk. People more likely to experience health effects from extreme heat and wildfire smoke include older adults, infants and young children, pregnant people, those with an existing illness or chronic health condition and people experiencing homelessness or housing insecurity.

It's important to take extreme heat and wildfire smoke seriously. Here are some simple steps you can take to stay alert and responsive to changing heat and smoke conditions:

- Check local weather forecasts and air quality conditions regularly. Pay attention to heat alerts or air quality

alerts issued for your community. This will help you know when and how to protect yourself from heat and wildfire smoke.

- Make sure your indoor space is as cool and clean as possible: indoor temperatures can get dangerously high during an extreme heat event.

- Close any curtains or blinds to limit sun exposure and make sure to stay hydrated. Open up your windows if the outdoor temperature is cooler, to cool your space.

- Use the highest quality air filter that your ventilation system can handle, a certified portable air cleaner that can filter fine particles from the smoke, or both.

- If you need more support during times of extreme heat and wildfire smoke, contact your local authorities. They can provide information on public spaces you can access with cool and clean air spaces.

The risks of extreme heat and wildfire smoke are real, but by learning about them, how to avoid exposure and stay cool and hydrated, you can stay safer this wildfire season. Find out more at canada.ca/wildfiresmoke.

www.newscanada.com



40 Years of Excellence
"One of Saskatchewan's Best Managed Companies!"

Serbu **SAND & GRAVEL LTD.**
Since 1978 **WHITE CITY**

Serbu Sand & Gravel Ltd. Provides
All Types Of Excavation Services

- Concrete Removal
- Bobcat & Mini Bobcat Service
- Basements
- Track Hoe
- Snow Removal

Proudly serving Regina and surrounding area

781-SAND (7263)
781-4595
Email: nathans@sasktel.net
Website: www.serbu.ca

Suppliers Of:

- Fill Sand & Dirt
- Sand & Gravel
- Mortar Sand
- Top Soil & Manure
- Quality Aggregates Produced and Supplied Directly From Us To You!



Can you develop food allergies as an adult?



Most people assume food allergies are a childhood condition that you either grow up with or outgrow. But for a growing number of Canadians, the first signs are showing up later in life.

"Adult-onset allergies are more common than people realize," says Dr. Harold Kim, an allergist and immunologist. "The challenge is that adults are more likely

to dismiss symptoms or assume it was something else, and that can be dangerous."

When symptoms don't seem serious

Symptoms like hives, upset stomach, scratchy throat or even chest pain after eating can be easy to blame on stress, a stomach bug or

acid reflux. This tendency to explain away reactions can delay a proper diagnosis and leave you unprepared to respond if a severe reaction happens.

Why reactions can change over time

Allergic reactions don't always stay the same and can change as we age. Research indicates that factors like declining physical activity and underlying health conditions such as cardiovascular disease or respiratory illness can make an allergic reaction worse.

"An allergy that caused mild symptoms in your 40s may present very differently in your 60s," says Dr. Kim. "Age-related changes to the immune system and the

presence of other conditions can change how your body responds."

An allergic reaction can happen fast and without warning. If you've noticed a pattern of repeated symptoms after eating a particular food, it's important to see your doctor and not ignore it.

An allergist can confirm a diagnosis through testing, help identify triggers and advise on how to manage it, including whether carrying emergency epinephrine medication, like an EpiPen, is recommended. The earlier an allergy is properly diagnosed, the safer you can be.

Find more information on allergies and treatments at epipen.ca.

www.newscanada.com

BRONCO
Plumbing Heating & Cooling

**WATER HEATER & WATER SOFTENER
RENTALS ARE BACK!**

☎ 306-781-2090

Snackable summer bites for sharing



Summer entertaining calls for effortless, shareable bites that bring bold flavour.

This sweet and savoury bruschetta, featuring grilled figs and delicate Prosciutto di Parma PDO, is the perfect snackable appetizer for warm-weather gatherings. Simple to prepare yet beautifully elevated, it brings a touch of European flair to the table while keeping time in the kitchen to a minimum.

Bruschetta with Grilled Figs and Prosciutto di Parma

Prep time: 10 minutes • Rest Time: 2 hours

Cook time: 5 minutes • Servings: 5

Ingredients:

- 10 slices crusty bread
- 5 firm figs
- 1 clove garlic
- 3.5 oz (100 g) Prosciutto di Parma, thinly sliced
- Extra virgin olive oil
- Salt and pepper

Instructions:

1. Crush the garlic and put it in a cup with oil, a pinch of salt and a pinch of pepper. Leave to rest for a couple of hours. Cut the figs in half and grill them for 2 – 3 minutes on each side.
2. Toast slices of bread for a few minutes in toaster or five minutes in oven at 350 F (175 C).
3. Brush the toasted bread with the garlic-infused oil.
4. Top each slice with half a grilled fig and 1 – 2 slices of prosciutto.

Grilling tips:

- Choose ripe but firm figs: They should feel soft with a slight give, but not mushy. Overripe figs can fall apart on the grill.
- Lightly oil or brush with honey: This helps prevent sticking and enhances caramelization for a richer flavour.
- Grill cut-side down first: Slice them in half and place cut-side down for 2 – 3 minutes to get those nice grill marks and natural sweetness.
- Don't overcook: Figs grill quickly - too long and they lose their shape and texture.

Storage tip: Keep figs in the fridge and bring them to room temperature before grilling for the best flavour and texture.

www.newscanada.com



A perfect snackable appetizer, this bruschetta pairs sweet grilled figs with the delicate, savoury flavour of Prosciutto di Parma PDO for an easy, elevated bite.

St. Joseph Roman Catholic Parish

302 King Street, Balgonie

Sacrament Preparation for children in Grade 2 or older:

- First Reconciliation
- First Communion
- Confirmation

Classes on selected Sundays at 9:15 a.m.
prior to the 10:30 a.m. mass.

Beginning Fall of 2026.



Rite of Christian Initiation of Adults (RCIA) – dates and times TBD.

For more information or to register:

st.j.catechism.balgonie@gmail.com



**THERE ARE
12 GEOCACHES
TO BE FOUND!**



www.rmedenwold.ca/events

Dogsville Dog Park

Next to the RM office
in Emerald Park

**Please clean
up after
your pets!**



**Get your camera
out and capture
the beauty of
the RM of
Edenwold all
year long!**

**RM of 158
EDENWOLD**

Photo Contest

\$900 in Prizes
Deadline: Oct 14, 2026



Tammy Griffin



Renelle Lovich



Renelle Lovich



Tammy Griffin



Mitchel Wilcocks

www.rmedenwold.ca/events

Councillor's Corner

with Nichole Posehn

Building Community, One Connection at a Time

The hottest topic in our community lately isn't the weather...it's development within the community!

Whether you're at the coffee shop, walking the dog, attending a community event, or scrolling through social media, chances are you've heard concerns about development. With tensions running high, I want to explain two planning documents that play a major role in shaping our community's future.

Every five years, municipalities review their Official Community Plan and Zoning Bylaw to ensure they continue to reflect the needs, priorities, and vision of the community. The RM is currently in the middle of that review, making this an important time for residents to pay attention, stay informed, ask questions, and participate in the process.

The decisions made during this review don't just affect today's residents. They help shape how our community will grow for many years to come.

One thing people may not realize is that zoning affects not only their own property, but also the properties around them. If you are considering purchasing a home, it is wise to review the zoning of the surrounding land and understand what types of development could be permitted nearby in the future. Taking the time to understand the zoning can help you make a more informed decision before making one of the biggest investments of your life.

Watch for a new series of videos from the RM explaining several important municipal documents and why they matter. The videos will cover more than just

the OCP and Zoning Bylaw, breaking down each document in clear, simple terms. They will help residents better understand the process, the terminology, and how the proposed changes may affect our community and the RM as a whole.

An informed community leads to better conversations and better decisions. While zoning may be the hottest topic in town today, the decisions made during this review will help shape the community we call home for many years to come.

On a final note, the White City / Emerald Park Community Golf Tournament hosted on Sunday August 16th is filling up quickly. This year's theme is the 1980's, so dust off the neon, leg warmers, and big hair, and let's head back to my favourite decade! Dressing up is not mandatory,

but it will certainly add to the fun! The Honourable Andrew Scheer and MLA Brad Crassweller will both be joining us, and there will be plenty of great prizes to be won, including a chance to win a trip for two to Las Vegas! If you haven't registered a team yet, please do so as soon as possible by contacting me at 306-535-3868.



Nichole Posehn,
Division 3 Councillor



Summer brings a sense of freedom for kids and the chance for everyone to enjoy nice weather and fun activities. But it can also bring the risk of extreme heat.

Extreme heat, and heat related illnesses, are especially dangerous for infants

How families can get ready for a safe summer

and young children.

Heat illnesses include heat stroke, heat exhaustion, heat fainting, heat edema (swelling of the hands, feet and ankles), heat rash (prickly heat) and heat cramps (muscle cramps). They are mainly caused by overexposure to heat or overexertion in the heat, and if not prevented, can lead to long-term health problems and even death.

Children most at risk include those with breathing difficulties (asthma), heart conditions, kidney problems, mental and physical disabilities, developmental disorders, diarrhea and those who take certain medications.

Consult with your family

doctor or pharmacist to find out if your child's medication increases their risk of heat-related illnesses.

- Tune in regularly to local weather forecasts and alerts, so you know when to take extra care.
- If you have an air conditioner, make sure it works properly before the hot weather starts. Otherwise, find an air-conditioned spot near you that you can use to cool off during extreme heat.
- Learn about ways to keep your home cool during the summer and plan for the future. For example, if you live in a house, plant trees on the side where the sun hits the

house during the hottest part of the day.

- If you see any of these signs during extreme heat, immediately move the child to a cool place and give water.

Never leave children alone in a parked vehicle. Even on cooler days when the outside temperatures are moderate, the temperature inside a vehicle can be dangerously hot.

By planning ahead now, you can help keep yourself and your family better protected during extreme heat and enjoy a safer summer. You can learn more at canada.ca/heat.

www.newscanada.com



Notice Nature Children's Program

White City Public Library
Branch

Thursdays, August 6, 13, 20
1:30 PM

Join us for weekly themed topics
that include a nature craft and
outdoor activities.

Geared towards ages 5-12.

Please register to attend.
Programs are free for all attendees.



WWW.SOUTHEASTLIBRARY.CA



FOR MORE INFORMATION
AND TO REGISTER
PLEASE CONTACT THE
LIBRARY AT
781-2118



The White City Public Library Branch is located in the White City
Community Centre, 12 Ramm Avenue East. Online at
www.southeastlibrary.ca. Drop by or give us a call 781-2118.

LIBRARY HOURS:

Monday - Wednesday 12:30-4:30 & 5:00-8:00 pm
Thursday - Friday 9:30 am-12:30 & 1:00-5:00 pm
Saturday 9:30 am-12:30 & 1:00-3:00 pm

We will be closed August 3rd for Saskatchewan Day

Visit us – [f](https://www.facebook.com/WhiteCityPublicLibrary) White City Public Library Branch [t](https://www.twitter.com/WhiteCityLib) WhiteCityLib
AUGUST 2026 PROGRAM & EVENTS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					Regional Park Passes available until Sept 8 th	1 Makerspace kits this month: Horseshoes & Scoop Ball Crazy Farts
2	3 Closed for Saskatchewan Day	4	5 Seniors Social Club 1:00 PM Drop-in	6 Notice Nature For Children Ages 5-12 Water & Wetlands 1:30 PM	7 Stay & Play 10:00 AM Drop-in Ages 0-5	8 Makerspace Kit Activities 10am to 2pm
9	10 Lego Club 1:30 PM Drop-in	11 Crazy Farts 1:30 PM Drop-in	12 Seniors Social Club 1:00 PM Drop-in	13 Notice Nature For Children Ages 5-12 1:30 PM Mammals	14 Stay & Play 10:00 AM Drop-in Ages 0-5	15 Makerspace Kit Activities 10am to 2pm
16	17 Lego Club 1:30 PM Drop-in	18 Crazy Farts 1:30 PM Drop-in	19 Seniors Social Club 1:00 PM Drop-in	20 Notice Nature For Children Ages 5-12 1:30 PM Conservation	21 Stay & Play 10:00 AM Drop-in Ages 0-5	22 Makerspace Kit Activities 10am to 2pm
23	24 Lego Club 1:30 PM	25 Crazy Farts 1:30 PM Drop-in	26 Seniors Social Club 1:00 PM Drop-in	27 Wildlife Safety with Smokey Bear 1:30 PM All Children Welcome	28 Stay & Play 10:00 AM Drop-in Ages 0-5	29 Makerspace Kit Activities 10am to 2pm
30		31				



CHILDREN'S PROGRAMS

Notice Nature – for Children

Thursdays @ 1:30 PM
August 6, 13, 20
Weekly themed topics that include a nature
craft and outdoor activities.
Geared towards ages 5-12.
Please Register.

Wildfire Safety & Preparedness with Smokey Bear

Thursday, August 27th @ 1:30 PM
This presentation focuses on wildfire
prevention, outdoor fire safety, and
environmental responsibility. Includes a visit
from Smokey Bear. All children are welcome!

Summer Reading Challenge
For kids ages 14 and under. Reading challenge
deadline is August 31st.

ADULT PROGRAMS

Seniors Social Club

Wednesdays @ 1:00 PM
August 5, 12, 19, 26
Drop-in for coffee/tea and card games.

Makerspace Kits this Month

Horseshoes & Scoop Ball

Crazy Farts: Powered by your imagination,
Crazy Farts can become whatever you want
them to be! This fort-building toy allows you
to create a multitude of possible play
structures.

SERL 60th Anniversary BINGO

Pick up a card at the library. Cards are
available for adults, teens and children.
Bingo runs until August 31, 2026.

To register for programs, please call 306-781-2118.

Can't visit us in
person? Check out
these great
eResources, all
FREE with your
library card!



Advertise With Us Today! White City & Emerald Park Community Newsletter

Quarter Page Ad \$100 • Half Page Ad \$200

Full Page Ad \$400

Business Card \$360/year
(business card min. 1 year)

Deadline for ad copy is the 20th of each month.
Email: shannon@westernlitho.ca
for more information

WILDFIRE PREVENTION PRESENTATION

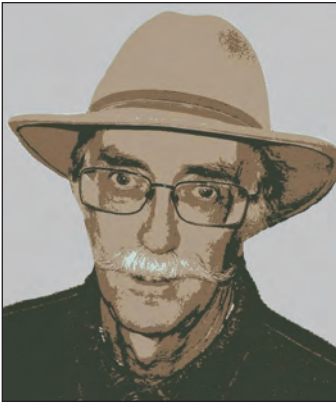
LEARN ABOUT WILDFIRES
AND EMERGENCY
PREPAREDNESS

AUGUST 27 @ 1:30 PM

WHITE CITY PUBLIC LIBRARY
12 RAMM AVE.
WHITE CITY, SK

WITH SMOKEY THE BEAR

ALL CHILDREN ARE WELCOME!



Off the Beaten Track

- By John Panter

White City's Committee of the (nearly) Whole met in early July to consider the latest proposal for Parcel Y, the chunk of land over behind the McKenzie communities (Pointe, Landing and Lane), adjacent to the Trans-Canada Highway. The land was first acquired from the Saskatchewan Department of Highways in 2009, before any of the McKenzie lots were sold for residential development.

The developer's proposal this time would - or will - see a four-storey, 100-room hotel with an attached restaurant, and a fast-food restaurant with drive-through. And although the developer's brief to Committee stated that the site "occupies a strategic frontage along the Trans-Canada Highway enabling convenient access", access to the development would be from Gregory Avenue East.

Previous proposals for the land were for self-storage, apartments, service station and strip-mall. Those proposals foundered on the rocks

of the requirement for a change of the existing Highway Commercial/Industrial zoning. The current proposal requires no change to existing zoning although a "holding" provision in the by-law with respect to phasing of the development would require a future application for Council's approval. Refusal by Council to release the "hold" would probably not survive a Municipal Board challenge.

So, although it looks like this development will be a "go", Council wisely decided that some form of public engagement will be required, to take place during the dog-days of summer before the issue comes back to Council in late August.

Councillor Grant pointed out that summer is the time of year when ratepayers prefer to be at the beach, on camping trips or just hanging out around the back-yard barbeque, and suggested that September would be a better time to solicit public opinion. His not-unreasonable suggestion was rejected.

Residents of McKenzie Pointe might not be enthusiastic about hotel guests peering into their back yards from four storeys up, but what might prompt all White City ratepayers to ner-

vously finger their wallets is that if this development generates the traffic that a hundred-bed hotel undoubtedly will, it has been hinted that construction of a roundabout at Gregory Ave. and Highway 48 might become necessary.

As a deal-sweetener the project certainly addresses White City Council's long-held desire for commercial development and the tax revenues that it will generate.

I tried for a bit of levity at the top of this column, calling a White City committee meeting a Committee of the (nearly) Whole. Not a knee-slapper to be sure. Two councillors were absent, councillor Boschman being one, and I'm sure he had a valid reason. No objection from me. The other absentee from the Committee of the Whole meeting was councillor Shahnaz Sultana, but not by her choice.

Her forced absence is the result of councillors deciding to strip her of all typical councillor responsibilities with the exception of council meetings. Keep in mind that the various committee meetings from which she has been banished constitute about two-thirds of the

overall workload. The banishment stems from her, perhaps, liberal interpretation of reimbursable councillor activities for which she had, in the opinion of Council, overcharged. It bears repeating that administration approved and paid her expense claims, and any overpayment will be, or already has been, reimbursed from future paycheques.

Ratepayers elect someone to council to carry out the full suite of councillors' duties, not just attend a few council meetings. In this case, however, Sultana's fellow councillors have assumed a questionable legal authority to elevate their judgement above the wisdom of the electors of White City. It strikes me that if the voters of White City don't want her to represent them on Council they will say so at the next election.

**Call me if you disagree.
569-2345 or emeraldcity158@gmail.com**



Advertise With Us Today!

White City & Emerald Park

Community Newsletter

Advertise your business card for one year - \$360! email: shannon@westernlitho.ca

PARAGON FUNERAL AND CREMATION SERVICES

Family owned & operated, full service funeral provider, serving Regina and area for over 28 years

306-359-7776
paragonfuneralservices.com
reception@pfcs.ca
521 Victoria Avenue
Regina, SK, S4N 0P8

Miles & Louise Ernst

WE'VE MOVED!

LIFT MOVE FUEL
PERSONAL TRAINING STUDIO

NOW LOCATED AT
320 - 6 SOUTH PLAINS RD, EMERALD PARK

WWW.LIFTMOVEFUEL.CA

twb home décor
LOCAL. HANDCRAFTED. GIFTS.

101-36 Great Plains Road
Emerald Park, SK
S4L 1B6

info@twbhomedecor.com
306-775-3531
@TWBHomeDecor
TWBHomeDecor
twbhomedecor.com

Robin & Michele Tremblay
Owners

BRINGING MORE "YES" TO REGINA

SUNBELT RENTALS

VISIT OUR REGINA LOCATION
4850 E Victoria Ave. |
Regina, SK S4N 7A9
306-271-0431

© 2020 Sunbelt Rentals. All Rights Reserved.

CORY SAWCHYN

306-789-0250
CorySawchyn@gmail.com
Regina & Area

SPEEDY STUMP CUTTER
FREE & STUMP REMOVAL

TREES | STUMPS | HEDGES | CALL TODAY FOR A FREE ESTIMATE

HUB Insurance Brokers and Consultants

6 South Plains Road
Emerald Park, SK, S4L 1B7

Ph: 306.781.2244 Fax: 306.781.0066
www.hubinternational.com

Esthetics by Shelley
gel nails, pedicures, manicures, waxing
Shelley Bencharski, Esthetician

- Over 20 years of experience
- Debit, Visa, Master Card, and Cash Accepted
- Tuesday, Friday - 8:30 am til 5:15 pm
- Wednesday, Thursday - 8:30 am til 8:00 pm
- By appointment only, no walk-ins

32 Fairway Crescent, White City • 306.527.8414
ksbench@sasktel.net

KEE STORAGE

42 Great Plains Rd.
Emerald Park, SK

306-781-5678

www.keestorage.com
keestorage@sasktel.net

PHARMASAVE

Charles Obeng
MPHARM RPH (PHARMACIST / OWNER)

P: (306)347-1270 / (306)201-6970
E: charles.ps436@sasktel.net
ps436@sasktel.net

7D Great Plain Road • Emerald Park
20% off for Seniors

Specialty Compounding • Vaccinations • 3 Month Prescription Dispensing

SHOPPERS DRUG MART

DEVIYANI J. PATEL BSP
ASSOCIATE OWNER

22B Great Plains Road
Emerald Park, SK S4L 1B6
T 306-721-7290 EXT 3.3
F 306-721-7294
asdm2464@shoppersdrugmart.ca

3 EASY WAYS TO ORDER REFILLS

- 1 By phone
- 2 Online
- 3 Mobile App

WESTERN LITHO PRINTERS
DESIGN | PRINTING

SERIOUSLY SMART PRINTING
Serving Saskatchewan businesses with unprecedented speed, efficiency and accuracy

300 Dewdney Avenue, Regina, SK S4N 0E8
Bus: 306.525.8796 Toll Free: 1.877.475.4846
Fax: 306.565.2525 | www.westernlitho.ca

M&O CONSTRUCTION

FORMFOAM BASEMENTS

www.mandoconstruction.ca
306-757-9433
SPECIALIZING IN ALL CONCRETE WORK

Advertise With Us Today!

White City & Emerald Park

Advertise your business card for one year - \$360!
email: shannon@westernlitho.ca

More Flooring In Stock, More Prices You'll Love.

Let's get flooring.

Hardwood | Laminate | Area Rugs | Luxury Vinyl | Carpet | & More!

END OF THE ROLL FLOORING CENTRES

Regina
2570 Victoria Ave E
306.585.7655

HAAS PHYSICAL THERAPY
Prof. Corp.
Strength - Balance - Stability

haasphysicaltherapy.ca
admin@haasphysicaltherapy.ca
306-559-5676
336 Great Plains Rd • Emerald Park, SK

- No Doctor Referral Needed
- Direct Billing To Insurance
- Online Booking Available

Brad Crassweller
MLA for White City - Qu'Appelle

(306) 520-5018 | mla@wc-q.ca

A - 129 Railway St. East
Balgonie, SK S0G 0E0

Advertise With Us Today!

White City & Emerald Park

Advertise your business card for one year - \$360!
email: shannon@westernlitho.ca

ENGINEERING TRUST SINCE 1976

GN GANG-NAIL TRUSSES

Cornerstone
CREDIT UNION

**DO MORE WITH
A CORNERSTONE LOAN**

Emerald Park Branch, 15 Great Plains Road

1.855.875.2255 | cornerstonecu.com |

JESSICA DUNN
REALTOR®
Real Estate | Interiors | Styling
www.athomewithjess.ca
C: 306.531.8578

JJ REALTY
REGINA

Advertise With Us Today!
White City & Emerald Park

Advertise your business card for one year - \$360!
email: shannon@westernlitho.ca

TAILWAGGERS GROOMING
Melissa Potter
(306) 535-6914 call/text
tailwaggers80@gmail.com
facebook: tailwaggers

Located in McLean

db Dusyk & Barlow
INSURANCE BROKERS LTD

302 University Park Dr.
Regina, SK S4V 0V8
Facsimile: 306.791.3471
Toll Free: 1.800.305.6737
www.saskinsuranc.com
stephen.barlow@saskinsuranc.com

Stephen Barlow
Insurance Broker, CAIB
Vice President Marketing/HR
Ph: 306.791.3474

SLACK'S ACCOUNTING & INCOME TAX SERVICES
Farm, Personal & Corporate Tax Preparation,
Bookkeeping & Business Consulting

Howard and Mavis Slack
Box 511, Stn. Main, White City, SK S4L 5B1
Ph: 306.781.2213 Fax: 306.781.2522
h.slack@sasktel.net or mjslack@sasktel.net

Martin Dupont LLP

Barristers, Solicitors, Mediators 200-1870 Albert Street
Regina, SK S4P 4B7

Phone: 306.525.2737
Fax: 306.565.3244
sharon@martinlawfirm.ca

Sharon A. Martin | B.A., LL.B.

KLEMP
PLUMBING & HEATING

NOW PROUDLY SERVING WHITE CITY, EMERALD PARK AND SURROUNDING AREA

JARED JACKSON
Offering Services in:
• Residential & Commercial Plumbing
• Furnace & Boiler Repair & Installation
• Air Conditioner Repair & Installation

PH (306) 545-1487
Fax (306) 731-6987
Email: kpanth@sasktel.net

Rispens
LANDSCAPING

306-522-1116 WWW.RISPENSLANDSCAPING.COM
17350 RANGE ROAD 2190, REGINA, SK

EMERALD PARK HOMES LTD.
Custom Builder, Our Quality Shores

Garry Sawchyn
President and C.E.O.
76 Great Plains Road
Emerald Park, SK S4L 1C3
Phone: 306-781-3383
Cell: 306-596-0577
emeraldparkhomes@sasktel.net

www.emeraldparkhomes.ca

SHERWOOD
GREENHOUSE & GARDEN CENTRE

17350 Range Road 2190 | Regina, SK | 306-522-1116
www.sherwoodgreenhouses.com

COMMUNISKATE PRO SHOP

SKATE SHARPENING • TAPE, LACES AND MUCH MORE FOR YOUR SKATING NEEDS

P: 306 781 7465
E: communiskateadmin@sasktel.net
www.communiskate.com
201 Great Plains Road | Emerald Park, Saskatchewan

Where the Open Road Begins

Village RV

Sales & Parts 306-525-5666
Service & Hitches 306-569-8733
www.villager.v.ca

YOUR LOCAL REALTOR®

Lex KRESS

REACH OUT FOR A COMPLIMENTARY HOME EVALUATION
306-501-0254

F.P.C. INDUSTRIES
CHAIN LINK FENCE SPECIALIST

Living in White City over 20 years
email: fpcindustries@sasktel.net
305 QUEBEC ST. S4R 1K5
Fax 306-721-7811 REGINA

Advertise With Us Today!
White City & Emerald Park

Advertise your business card for one year - \$360!
email: shannon@westernlitho.ca

RV RANCH

Dan - Lee Enterprises Inc.
Indoor/Outdoor Storage

White City Area **306-537-7372**
dan.lee.inc@sasktel.net

Andrew SCHEER
MP - REGINA-QU'APPELLE
ALWAYS ON YOUR SIDE!

984-A Albert Street
Regina SK S4R 2P7
(306) 790-4727
Andrew.Scheer@parl.gc.ca
www.andrewmp.ca

STREIFEL'S LAWN & YARD CARE LTD.
Residential • Commercial • Condominium • Acreages

P.O. Box 159 White City, SK S4L 5B1
Cell: 306-536-7180
Fax: 306-761-0031
Email: streifel@sasktel.net

Lawn Mowing, Power Raking,
Vacuum, Core Aeration, Weed
Control, Fertilizing, Hedge Trimming,
Pruning, Rototilling, Sprinkler
Blowouts, Seasonal Cleanups,
Snow Removal, Bobcat Services

FREE ESTIMATES • IN BUSINESS FOR OVER 20 YEARS

Harmony
BOOKKEEPING LTD.

BONNIE CARROLL
OWNER/OPERATOR

306-535-2065
harmonybookstld@gmail.com

WORKING TOGETHER FOR SUCCESS

Advertise With Us Today!
White City & Emerald Park

Advertise your business card for one year - \$360!
email: shannon@westernlitho.ca

Find hidden object

15 x



8 x



3 x



Can you find which bird has flown away from the tree?

FIND 10 HIDDEN OBJECTS IN THE PICTURE



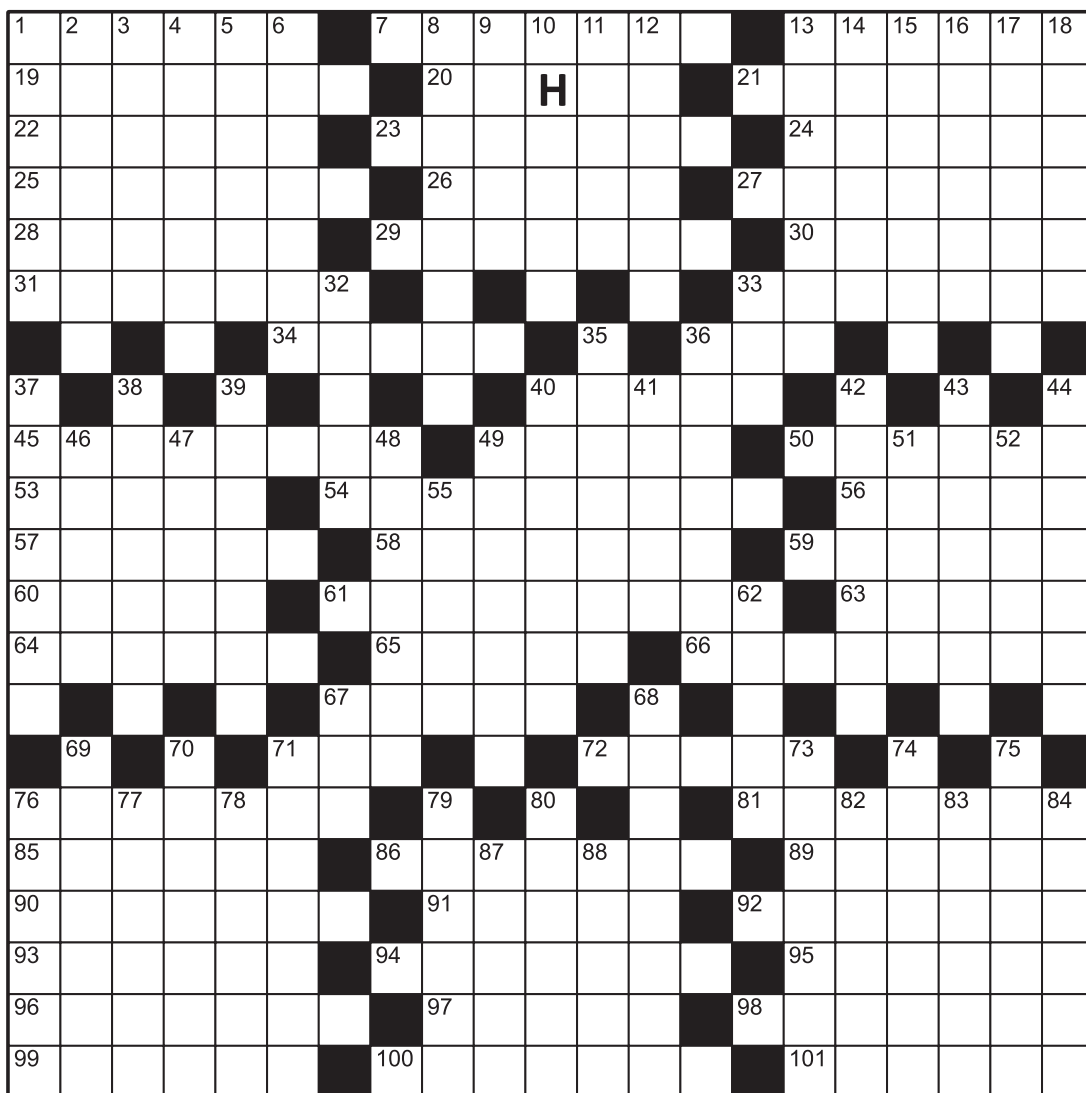
FILL-IN CROSSWORD PUZZLE

3 letters:
 LASSES
 BAR
 EAR
 RAG
 TAR

5 letters:
 ALIVE
 ANELE
 AZOTE
 COMET
 DEALS
 ENEMY
 GAPER
 INNER
 ITALY
 KAPPA
 LINED
 MOTOR
 NERVE
 OP ART
 PODIA
 RADER
 RADII
 RETRO
 SEERS
 SEVEN
 SEWER
 SOWER
 THORN
 TIARA
 WRITE
 YODEL

6 letters:
 ADHERE
 AREOLA
 ASSESS
 ATHENA
 ATTACH
 BAKERY
 CAPITA
 CAVIAR
 EASIER
 HASSLE
 IODINE
 LA-DI-DA

7 letters:
 ACETONE
 AGILITY
 AGITATE
 ANGERED
 ARAMAIC
 ARRIVER
 AZURITE
 BENNETS

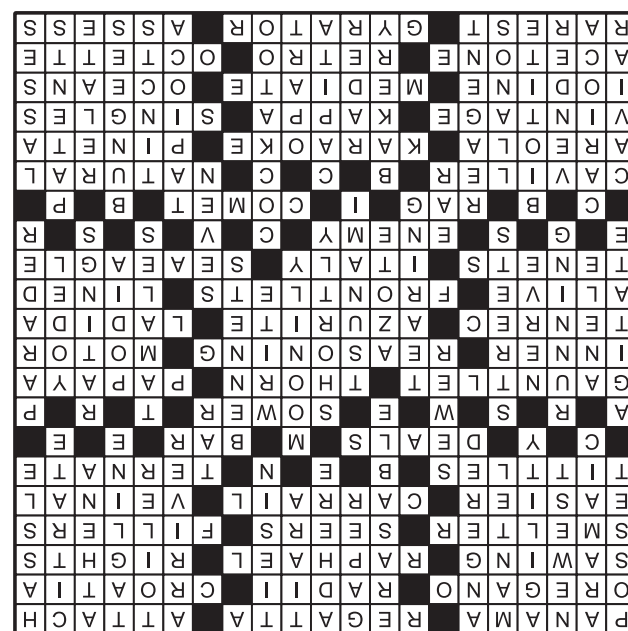


RAPHAEL
 RATINGS
 REAGENT
 REGATTA
 RUNNING
 SHORTLY
 SINGLES
 SMELTER
 STREETS
 TAG LINE
 TAMALES
 TAPIOCA
 TEARING
 TERNATE
 TITTLES
 TSUNAMI
 VINTAGE

8 letters:
 COCKATOO
 ERASABLE
 GAUNTLET
 SEA EAGLE

9 letters:
 FRONTLETS
 REASONING

SOLUTION:



Why your brain health deserves more attention



It seems like, in the information age, there's more health advice to sort through than ever. While it can sometimes be overwhelming, many Canadians are paying more attention to things like their gut, heart and lung health. But one part of the body that doesn't always get attention is the very part that's processing

all this health information: your brain.

Preserving your brain health is a vital part of maintaining overall well-being as you age. Health risks affecting the brain can have a life-altering impact. Alzheimer's disease, for example, is a devastating illness that can impact brain health in many ways. It slowly erodes a per-

son's memories and even personality.

Alzheimer's affects tens of thousands of Canadians each year, slowly taking away their independence and placing a heavy emotional burden on families and caregivers.

There's currently no way to reverse the disease, which makes proactive measures especially important. Regular checkups with your doctor or a qualified health care professional are essential for maintaining your brain health and diagnosing issues early. Recognizing the potential signs and symptoms of early Alzheimer's makes timely intervention possible.

An early diagnosis enables individuals living with the disease to access proper care, make informed decisions and benefit from early treatments, including disease-modifying therapies (DMTs). These are newer treatment options,

and include lecanemab, the first of its kind, recently approved for use in Canada.

DMTs can play a key role in helping preserve brain health and quality of life: unlike previous treatments to manage symptoms, these therapies are designed to target the underlying cause of the disease, helping to slow progression in early stages. This could mean having more time to enjoy special moments with your loved ones, staying engaged in community life or maintaining a sense of purpose and identity.

Your brain may be the most complex part of you, but it's an organ, like any other. By treating it like a physical part of yourself that needs to stay healthy, and getting monitored regularly for signs of issues, such as Alzheimer's, you can give your brain the care it needs.

www.newscanada.com

VISTA SPRINGS
Expansive Executive Acreage Lots

Scan the QR code for further information to make this your back yard

The U.S. just approved a giant space mirror to test 'sunlight on demand.' Low Earth orbit is getting weird- *cont'd*

thousands of satellites will have devastating effects on ozone and other atmospheric chemistry.

Astronomy is also under threat from some of the "weirder" ideas like space mirrors, solar sails and diffuse sky brightening from orbital debris.

An innovation challenge

We are not here to argue against satellites. Indeed, they provide a wide range of beneficial services to science and society. But each satellite comes with a cost that must be taken into account.

Ultimately, this is an innovation challenge. Unfettered growth and exploitation of any environment comes with serious consequences, including to the

long-term sustainability of the operations that depend on that environment.

Doing more with less is the engineering challenge that needs to be met if we want to continue to use satellites in orbit.

Samantha Lawler

*Associate Professor, Astronomy,
University of Regina*

Aaron Boley

*Professor, Physics and
Astronomy, University of British
Columbia*

THE CONVERSATION



MADERA

KITCHEN + BATH

**[free in-home
consultation
+ measure]**

with no obligations or commitments

[cabinetry + furniture]
[local + experienced]

Call Ethan in White City!
306.530.5466
maderakitchenandbath.com

we also
provide 3D
renderings of
every project so
you can truly
visualize your
space!



Kindergarten Registration

Emerald Ridge Elementary is still accepting registrations for the 2026-2027 school year. Children turning five by December 31, 2026, are eligible for Kindergarten. Register online at www.emeraldridge.pvssd.ca with proof of age. Please share with families new to the area.



ERES Community Council News

**Welcome Back - Drop-Off Your Backpack Night
August 31. 5:30 - 6:30 pm**

**First Day of Classes
September 2**

SCC Fundraisers

Apple Fundraiser

The SCC will have the apple fundraiser again this fall. Watch for order forms coming home in September. Community members interested in ordering 20lb box of BC apples for mid-October delivery, please email us at ERESCommunityCouncil@gmail.com for further information or to order.

Mabels Labels

Save time labeling school supplies! Purchase Mabels Labels and support our SCC. <https://mabelslabels.ca/en-CA/fundraising/support>



Scan the QR code with your phone's camera to visit the website.

AUGUST 2026

The next issue of the
Community Newsletter
will be distributed the
first week of September.

All copy **MUST** be submitted
on or before **August 20th.**

Everyone is welcome to put
meeting dates, birthdays,
anniversaries, etc.
on the calendar, free of charge.

Please email:
shannon@westernlitho.ca

Special thanks to the
advertisers for supporting the
distribution of our newsletter.
By using their services you
support our community.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
CASA ROSA/JAMESON ESTATES Garbage pick up every Tuesday Recycling pick up every Thursday						1
2	SASKATCHEWAN DAY 3	WHITE CITY Composting 4	EMERALD PARK Garbage WHITE CITY Recycling 5	EMERALD PARK Recycling 6	EMERALD PARK Composting 7	8
9	10	WHITE CITY Composting 11	EMERALD PARK & WHITE CITY Garbage 12	13	EMERALD PARK Composting 14	15
16	17	WHITE CITY Composting 18	EMERALD PARK Garbage WHITE CITY Recycling 19	EMERALD PARK Recycling 20	EMERALD PARK Composting 21	22
23	24	WHITE CITY Composting 25	EMERALD PARK & WHITE CITY Garbage 26	27	EMERALD PARK Composting 28	29
30	31					

WC/EP RECREATION INFORMATION/REGISTRATION CONTACTS:

Baseball: registrar@whitebutteminorball.ca Web: broncos.whitebutteminorball.ca
Softball: stormsoftballregistrar@gmail.com Web: storm.whitebutteminorball.ca
Cityview Skating Club: cityviewskating@gmail.com or cityviewsc.uplifterinc.com
Communiskate: Paula at 306-540-7704 or communiskateadmin@sasktel.net
Creative Beginnings Preschool: Keri 306-529-1200, keri@creativebeginningsps.ca
Dance: Laurie 306-775-3722 lkweighill@hotmail.com, www.whitecitydancingschool.com
Dance Plus EP: Amy 306-530-5108 or amyschienbein@gmail.com
Garden Club: wgcg2011@gmail.com, 306-584-9173, www.whitecitygardendub.weebly.com

Girl Guides: Jolene 306-570-9179 or Balgonie1st@gmail.com
Parks & Recreation: Shane Graefer 306-781-2355 ext.225 sgraef@whitecity.ca
Pickle Ball: Ambrose 306-536-9221 Playschool: Nicola 306-529-1292, nicola.mcnaughton2@gmail.com
Soccer: Adam Slinn 306-550-4789 or www.whitecityfutbol.com
Prairie Storm Hockey: registrar@psmha.ca or www.psmha.ca
Buffalo Plains Ringette: registration@bpringette.ca or www.bpringette.ca
Newsletter: Dale Schaeffer 306-525-8796 or dale@westernlitho.ca
Newsletter Advertising: Shannon Snider, shannon@westernlitho.ca

Whatever it takes to **BUILD.**

REGINA | 306.721.2666 **Redhead**

306-781-4595

Discounts For White City
& Emerald Park Area
Sand & Gravel • Topsoil • Aggregates
Lorne Serbu White City

TROY GORDON
REALTOR®

Office: 306-791-7666
Cell: 306-530-7862
troy@remaxregina.ca



The Milligan Private Wealth Management Team of RBC Dominion Securities Inc.

Portfolio Management | Financial Planning
Retirement Planning | Will & Estate Planning



Wealth Management
Dominion Securities

306-777-0516 | www.shawnmilligan.com

RBC Dominion Securities Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. *Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. © / ™ Trademark(s) of Royal Bank of Canada. Used under licence. ©2025 RBC Dominion Securities Inc. All rights reserved. 25_90771_PJJ_006



BERGER CAVAN GROUP
Chartered Professional Accountants and Business Advisors

Phone: 306.347.2244 Website: BCGLLP.ca

Right on the money.