White City & Emerald Park SEPTEMBER EDITION, 2022 Community Mewsletter





Medical School of Aesthetics

I often muse about how exciting it was when IGA opened in Emerald Park and think about how weird it was not having a grocery store out here for all the years prior.

Now our community continues to welcome new businesses daily and one that I am very excited about is tucked just above Shoppers Drug Mart featuring a local lady who can make you look ten years younger with one visit.

Holly Newson lives in White City with her family and a couple of super cute dogs. When she's not parenting the kids and the fur babies, she is nursing at the Pasqua, and right here in Emerald Park and the Medical School of Aesthetics.

For 23 years, Holly has been a practicing nurse and she knew that one day she would like to get into medical aesthetics. That day arrived sooner than expected after meeting a nurse doing exactly what Holly hoped to and she jumped in with both feet to learn this new and exciting opportunity. Bodysculpting

Regina was lucky enough to have Holly on staff until the owner decided to move the Medical School that was also in Regina out to Emerald Park. Having offered her incredible skill set at Bodysculpting for several years, Holly was recognized by the owner of both businesses and asked to be a key part of the school that opened in our community just a couple of months ago.

If working in the field of aesthetics has ever been appealing to you, you're in the right place. If looking younger and feeling like a million bucks is appealing to you, again I say, you're in the right place.

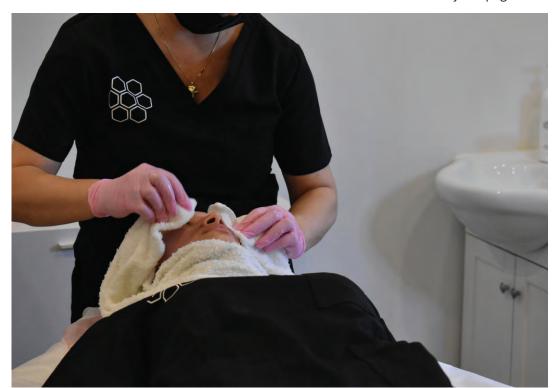
With a footprint reaching into several communities across the country, the Medical School of Aesthetics is quickly rising as "the" place to get training in this multi-billion-dollar industry. Pretty great considering the owner is from Regina and chose Emerald Park as the location for the school. Professional through and through, the school will prepare its students for success no matter where

- Continued on page 2

Find The White City - Emerald Park Newsletter online at the Town of White City and RM of Edenwold websites



Medical School of Aesthetics - Continued from page 1





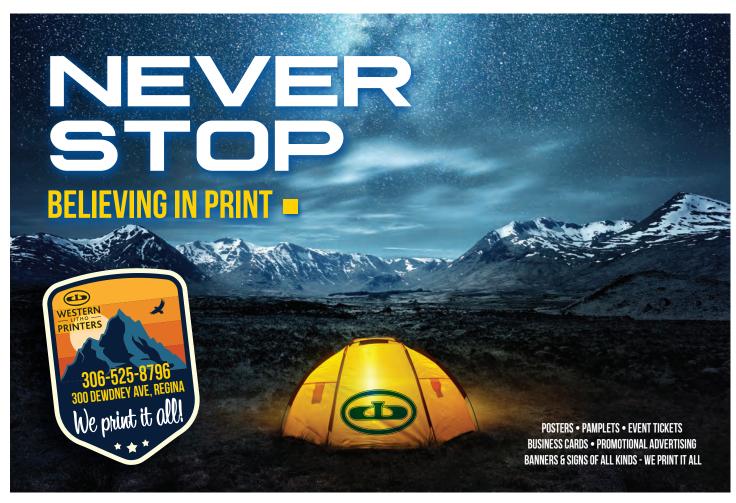
SCHOOL

MEDICAL AESTHETICS

they want to offer aesthetic services across the country and beyond.

The win for people like me, who are not seeking to work in this field, is the opportunity to take advantage of the services they offer just a short distance from home.

With everything from Botox to fillers, Vampire Facials, tattoo removal, acne treatments, Dermaplaning, micro-needling, chemical peels, skin tightening and hair removal, the School has plenty to offer including the best quality



skin care.

What is a Vampire Facial you ask? Sounds a little off-putting, I know, but these facials are all the rage right now and who better to provide it to me than Holly the pro who is sought out by women everywhere looking for what she has to offer. A Vampire Facial essentially uses your own platelet-rich-plasma to rejuvenate your complexion and give you a healthy glow like no other facial can. Growing up in the 70's an 80's the biggest thing to get excited about back then was Noxema coming from a pump rather than having to dig it out. (Anybody know if they still sell that stuff??)

The thing is, if you've ever thought about seeking out one of more of the services listed above, you're lucky because you can have them delivered close to home by a local nurse who knows her stuff. You can even sign up to be a "model" and take advantage of a substantial dis-

count by doing so and you'd be helping to inspire the students at the school who can observe and learn from the pro delivering your treatment. See? Win/ win

I bet you wondered what was upstairs in the Shoppers Drug Mart building. And now you know. Go see Holly and the staff. It's well worth it.

If you're interested in learning more about the school or all that they have to offer on the product and service side, visit their website at www.medicalaesthetic-

school.com.

Trish Bezborotko

PS: Wear your sunscreen. All year. A friendly reminder given to me to pass on to you!







Although summer is at its end, summer flavours don't have to be over yet. This is the prime time to enjoy nostalgic treats that extend the taste of summer into your fall fun. What's more, while we may return to routines, that does not have to signal the end of strawberry season, since strawberries can be grown in warmer climates like California year round. Here are two sweet summer treats you can enjoy throughout fall.

Oven-Roasted Strawberry S'mores

Prep time: 20 minutes Cook time: 30 minutes Serves: 8 s'mores

Ingredients

- 1 lb California strawberries
- 2-3 tbsp honey
- 1 tsp vanilla extract
- 8 large marshmallows
- 4 milk chocolate bars, halved
- 8 honey graham crack-

er sheets, broken into 8 squares each

Instructions

- 1. Preheat oven to 450°F and line a baking sheet with parchment paper.
- 2. Combine strawberries, honey and vanilla extract. Transfer strawberry mixture to baking sheet.
- 3. Bake for 20-25 minutes, remove from oven, and allow berries to cool. Once cooled, transfer roasted berries to a glass jar or serving dish.
- 4. Toast marshmallows under broiler on a pan until golden and gooey.
- 5. Drizzle marshmallows with roasted berries and assemble.

Strawberry Jalapeño Poppers

Prep time: 30 minutes Serves: 8

Ingredients

· 8 large California straw-

Whip up the delicious taste of summer this fall

berries

- 6 tbsp cream cheese
- 3 slices cooked bacon crumbled
- 1 jalapeño finely chopped

Instructions

- 1. Wash strawberries and slice in half. Scoop out a little of the centre of each sliced strawberry and set aside.
- 2. In a small bowl, mix cream cheese together with crumbled bacon

- and jalapeño, reserving a little bit for topping.
- 3. Fill sliced and scooped strawberries with cream cheese filling and sprinkle a bit more crumbled bacon and jalapeño pieces on top. Enjoy right away or refrigerate for later.

Find more delicious recipes californiastrawberries. com.

www.newscanada.com



5 healthy facts about strawberries

Did you know strawberries are one of the healthiest fresh fruits? Here are some healthy facts about everyone's favourite berry.

- 1. They support the immune system. Just one cup of strawberries has 95 per cent of the recommended daily value of vitamin C.
- 2. Strawberries are full of beneficial nutrients including potassium, folate, fibre and antioxidants known as polyphenols.
- 3. The high levels of vitamin C and B combined with the folate, fibre and antioxidants make an ideal combination for heart health. Strawberries may strengthen car-

diac muscles and reduce cholesterol in the blood vessels and arteries.

- 4. Strawberries have zero sodium, fat or cholesterol.
- 5. A naturally sweet and low calorie snack, one serving of strawberries has less sugar than an apple and only half the calories of a banana. In fact, a serving of eight strawberries is only 50 calories.

Strawberry farmers along the California coast grow nearly 90 per cent of U.S. strawberries, which can be found in Canada year-round. Find more nutritional information at californiastrawberries. com/enjoy-8-a-day.

Easy plant-based recipe win filled with barbecue flavour

Sriracha and caramel; cayenne and chocolate; ghost

pepper and molasses; chilies and honey.

If these flavours have your mouth watering, then the sweet heat trend

may be inviting your tastebuds out for lunch.

Gone are the days when a simple touch of heat was enough to make a dish stand out. The demand for greater variety in spicy foods is partly driven by a consumer desire to explore more authentic global cuisines and flavours, especially with millennials and Gen Z. These days, the perfect combination of sweetness and heat can take your tastebuds to the next level.

While it may seem like a contradiction, sweet and spicy flavours balance well together to create a unique and delicious combination. If you're interested in trying a new spice experience at home, check out this delicious recipe using strawberries available year-round.

Spicy Strawberry Chutney with Baked Brie

Prep time: 15 minutes Cook time: 20 minutes

Ingredients

- 455g California strawberries hulled and quartered
- 1 tbsp white sugar
- Juice of half a fresh lemon
- 65g packed brown sugar
- 80ml apple cider vinegar
- 2 jalapeño peppers, cored and diced
- 1/2 medium red onion diced
- 1 tbsp fresh ginger, peeled and grated

- 4 cardamom pods partly cracked
- 4 whole cloves
- Optional: red pepper flakes
- Wheel of Brie cheese sized to fit your baking dish

Directions

- 1. Preheat oven to 350F.
- 2. Mix strawberries in a mediumsized bowl with white sugar and lemon juice; set aside for up to 3 hours, stirring every 30 mins.
- In a cast iron pan over mediumhigh heat, dissolve brown sugar and apple cider vinegar; stir with a wooden spoon.
- 4. Add jalapeños, red onion, ginger, cardamom and cloves. Stir constantly for 5 to 6 minutes or until onions start browning.
- 5. Add strawberry mixture (including juice) and reduce heat to medium or medium-low, depending on your burner. Add a pinch or more of red pepper flakes to add extra heat if desired.
- 6. Stir frequently for 10 minutes or until mixture becomes thick enough to coat

a spoon.

- 7. Meanwhile, scrape off only the top rind of the brie, place in a brie baker or baking dish and bake uncovered for 15 to 17 minutes.
- 8. Remove from heat and carefully remove cardamom pods and cloves.
- Spoon spicy strawberry chutney over top of cooked brie and serve with crostini.

Find more sweet heat recipes at californiastrawberries.com. www.newscanada.com







Drones have become a popular hobby, and they are not just for people who like flying remote-controlled objects. With camera drones becoming more affordable, it has also become a wonderful activity for people who like to take photos and videos. However, as fun as flying a drone may be, there are a few considerations before taking off, even if it's just in your backyard.

Know the limitations

Flying drones properly requires practice, and since most drones should not be flown indoors, many new drone pilots choose to practice on their property or a nearby park. However, before taking your first flight, it's critical to understand the limitations of drone flying as you're sharing the skies with other aircraft.

As a pilot in Canada, you

Can you fly a drone in your yard?

need a drone pilot certificate from Transport Canada to fly drones that weigh 250 grams up to and including 25 kilograms. For a basic certification, you have to be 14 years of age or older. Children younger than 14 must be supervised by someone with an advanced certification. Pilots who fly micro-drones, drones that weigh less than 250 grams, are not required to have a certification.

No-fly zone

Drones can be flown on private property or in your backyard, provided it's not a no-fly zone. There are several no-fly zones across Canada, such as military bases, power plants, skydiving centres and airports. Drones flying near these kinds of places pose significant safety and security

risks that are deemed to outweigh your right to fly the drone on your property, as it could cause harm to others.

Pre-flight check list

Flying a drone may seem like a harmless hobby, but it's best to know the restrictions and how to fly safely and responsibly. Pilots with an Advanced Operations Pilot Certificate can apply for permission to fly in Nav Canada controlled airspace using the NAV Drone app. All drone pilots, including micro drone pilots, can also plan flights and access interactive maps on the app to learn where they can and cannot fly their drones.

Take flight safely and legally; download the NAV Drone app or visit navcanada.ca/navdrone

www.newscanada.com



Do you have Extra Bottles and Cans taking up space in your garage?

Learn how you can help us fundraise. The funds received from your donation to Sarcan will be used for our school's learning improvement plan initiatives.

Check out the ERES Facebook page for more details at: www.facebook.com/EMRidge/

Next ERESCC Meeting Tuesday, Oct.11th 6:30 pm

All parents are encouraged to attend as your input and ideas are welcome and valued.



IMPORTANT DATES

Sept. 26

School Pictures (KHI & Gr. I-8)

Sept. 27 K

KH2 and any students absent on the 26th





Link can be found on the school website or at: www.emeraldridge elementaryschool. entripyshops.com

WELCOME BACK!

We hope you all had a safe, healthy and enjoyable summer!



You committed to organizing your home. You go out and buy the bins, spend your entire weekend purging, and unload your annual donation haul. But it never seems to stick. You wind up in the exact same spot that you did a year ago. Why can't you get ahead of the clutter? Here are a few reasons why your things may keep piling up, and you end up back to square one.

1. You have too much **stuff.** We own, on average, 300,000 items/household. You need to spend a ton of time, money and energy maintaining and caring for all of these things. It's no wonder you feel overwhelmed and busting at the seams. A common problem is that you can't organize clutter. You have to start letting go of things you no longer have use for or that vou have several of the same. Living with less will make you feel lighter, giving you more time for more purposeful tasks that mean more to you. You may have to let go more than once a year to keep up with this lifestyle. Go through the playroom every quarter, take things out of the kid's closet that they no longer fit into immediately, and go through that junk drawer every month, so it doesn't overflow.

2. You have a different organizational style than

Why It Seems Like You Can Never Get Out Of The Pile Of Clutter

your family members. Once you figure out how your family likes to sort and organize, it will be a gamechanger. Some people need simple, visual systems, while others prefer categorized, closed ones. For example, most kids do better keeping their space tidy when they can effortlessly scoop up their stuff in big categories in clear bins instead of intricate compartments behind a closed cupboard - even though this is what you prefer! If you want to get family buy in, you need to figure out what works best for your family.

3. You didn't change your consumer habits and get to the root of your spending. So even if you did a major purge before, you might end up where you started because you didn't curb your spending. Clutter isn't always about letting go. It's about what you are bringing back into the house. There are so many reasons why we shop for things we don't need, and

once you become more aware of why you are making impulse purchases. The biggest culprits are feelings of boredom, unworthiness, comparison, anger, and the thought that you "deserve" to add it to your cart. One trick is to become aware of it, stop, and replace it with an activity that doesn't cost a thing: journaling, meditating, walking in nature, and visiting with a friend are just a few things that can

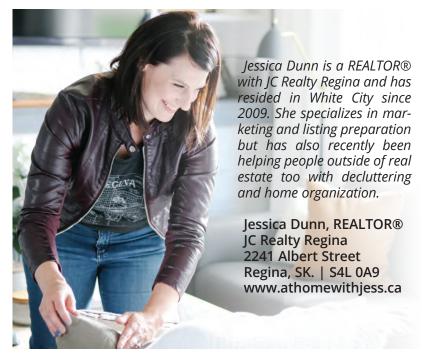
give you that shot of dopamine that you are seeking.

4. You don't have a designated "home" or system for storing your things. Even if you have dwindled down your possessions, if that item doesn't have a designated spot that can be easily retrieved, you will be just as frustrated as you were when you started this process. Compartmentalizing is key in this scenario and can help all of your family members become familiar with where things go. From bobby-pins, craft supplies, spatulas, and snacks, they all need a specific home that everyone in the house knows where to get it. This will take practice for everyone to come around, but you won't constantly be wondering where your keys are or where the ice cream scoop is!

5. You may need reinforcements. Things often get so overwhelming that you feel paralyzed and can't make decisions or don't know where to start.

This happens when you have accumulated so many things, are dealing with a significant downsize, or perhaps you are struggling with the daily pressures of ADHD where executive functioning is incredibly challenging. When it comes to these types of scenarios, starting small is key. Work in categories that don't bring too much emotional sentimentality first. Celebrate the big wins. Set timers, have an accountability buddy, and come back to why you need to condense and organize in the first place.

Living with less is a daily practice. It doesn't mean you can't have things you don't enjoy or love; it's about becoming aware of what you are keeping in your home and why. If you are ready to tackle an area in your home and what an outsider to help guide your session, you can find more information at www. athomewithjess.ca!





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Michelle Bruce and Sheryl Britton



Join us to hear Michelle and Sheryl, two local gardeners, share their experiences and provide practical ideas for how you can preserve your harvest to maximize your enjoyment of the bounty well into the new year.

Wed. Sept 14th, 2022 at 7:00 pm **Ramada Emerald Park or Virtual Meeting**

In-person masks are encouraged, Virtual Access after 6:30 pm Zoom link will be shared the afternoon of Sept. 14th

Visitors drop-in fee \$5.00 or for virtual meeting send email address to and then e-transfer \$5.00/person to wcgc.communications@gmail.com by Sept 9th

Info: www.whitecitygardenclub.weebly.com/wcgc-upcoming-events





The White City Public Library Branch is located in the White City Community Centre, 12 Ramm Avenue East. Online at www.southeastlibrary.ca. Drop by or give us a call 781-2118.

LIBRARY HOURS:

Monday - Wednesday 12:30-4:30 & 5:00-8:00 pm Thursday - Friday 9:30 am-12:30 & 1:00-5:00 pm Saturday 9:30 am-12:30 & 1:00-3:00 pm

Please note: The branch will be closed September 5, 2022 for Labor Day and September 30th for National Day for Truth & Reconciliation.

Visit us – 🚮 White City Public Library Branch 🕒 WhiteCityLib **SEPTEMBER 2022 PROGRAM & EVENTS CALENDAR**

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|---|------------------------------|-----|------------------------------------|--|--------------------------------------|
| | | | | I | 2 | Button Maker |
| 4 | Closed for Labor Day | 6 | 7 | 8 International Literacy Day | 9 Preschool Storytime 10:00am Ages 0-5 yrs. | 10 Teen/Adult Cricut I:00pm |
| 11 | 12 | Adult Book Club 6:30pm | 14 | 15 | Preschool Storytime 10:00am Ages 0-5 yrs. | 17 Button Maker I I:00am |
| 18 | 19 Circle of Security Parenting 7pm Please Register | 20 | 21 | 22 | Preschool Storytime 10:00am Ages 0-5yrs. | Teen/Adult Cricut I:00pm |
| 25 | 26 | 27 | 28 | 29 | 30 Closed National Day for Truth and Reconciliation | |





Monday, October 24, 2022 White City Public Library **Branch presents** Dara Schindelka Singalong/Storytime 3:00pm (ages 0-6) **Family Evening Concert** 6:30pm

Dara Schindelka is a Saskatchewan born and raised singer/songwriter. She shares her unique blend of songs & stories that delight and touch all ages. She has performed across Canada and has gathered awards along the way with two albums to date.



Admission is free thanks to the Cherry Tree Music Fund however there will be CDs and shirts for sale as well as a tip jar to support Dara's music journey.













We've all observed, while traveling by automobile along our highways and byways, a shoe on the side of the road. Not a pair of shoes, mind you, but instead just one single shoe.

And have we not all speculated how that shoe came to be where it is? You know you have. Did the motorist suddenly take it upon

Off the Beaten Track

- By John Panter

Could he not have waited until he arrived at his destination? Apparently not. And why just one shoe and not both of them? What good to him was the remaining shoe?

Is anyone able to come up with a reasonable explanation for any of the above shoe-related questions? In a similar vein, what is the explanation for the staggering number of discarded covid masks to be seen along White City's and Emerald Park's roadsides, back alleys and hiking paths?

There couldn't be a safer place to be, free from worries about contracting

authorities, no questions asked as to method of harvesting.

Today's municipal authorities should consider offering local kids the opportunity to earn a few bucks by bringing in discarded covid masks for safe disposal.

We would have to outfit them with some sort of Grip-o-Grabber so they wouldn't have to touch these disgusting items of wearing apparel. Unless some bold initiative is undertaken the masks will continue to blight our hiking trails until they rot.

Covid masks and the times that spawned them, it is to be hoped, will eventually be as forgotten as the bell-bottom trouser era.

Another item one sees in abundance, discarded along our hiking paths, is those little plastic and fiber devices for cleaning one's teeth. Who flosses their teeth while out walking?

Call me if you disagree. 569-2345 or emeraldcity158@gmail.com





What is the explanation for the staggering number of discarded covid masks to be seen along White City's and Emerald Park's roadsides, back alleys and hiking paths?



himself to pull over, remove one or the other of his shoes and jettison the offending article of footwear onto the highway shoulder, continuing his journey as a unishod traveler?

Did the motorist even bother to stop his automobile to complete the divestment of his extraneous article of clothing? The task could be accomplished through the passenger-side window without even slowing down.

And how did he decide which of the pair was the most offensive or cumbersome and in need of banishment? And why then? covid, than the hiking trails throughout our community, where Saskatchewan's ever-present winds would blow any disease-laden exhalations from fellow hikers over to Manitoba or North Dakota where they belong.

So perhaps it was the spontaneous realization that here, where pedestrians were totally safe, masks could be discarded, even if it involved sacrificing the environment to personal liberation.

Many years ago prairie municipalities offered a bounty on gopher tails. Kids made pocket money by turning them in to local



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In my experience as a psychologist, what people want more than anything is to be heard and understood. It's not just about hearing the words but understanding the meaning and feeling behind them.

One of the biggest impediments to good communication is not listening

Real Communication

- By Gwen Randall-Young

understand where the other is coming from? If you truly want to understand, you can say, "Tell me what I am not understanding?"

There is a very effective strategy you can begin to implement immediately that may surprise you in how well it works. Listen to what the person is telling you and get as much information about their position as you can. Ask questions if you need clarification. For a moment, imagine you are the other person.

Then the two of you can switch positions and express what you think the

truly stepping into the role of the other, and sincerely expressing their viewpoint. Ask if you have it right and allow the other to continue explaining until he or she agrees that you have expressed it accurately.

This alone may not solve the problem, but at least each knows the other's point of view. There is mutual understanding. Next comes the part where you work as a team to decide how to deal with the differences.

With couples, it is very important to resolve important issues, and if there is a stalemate it is wise to have a counselling session or two. With children, often the

parent overrules, in the best interest of the child.

Give the child comfort and compassion as it helps if they know you understand how they feel.

A similar situation exists in the workplace. Sometimes the boss or manager makes a unilateral decision. It is then for you to decide if you can live with that, or if it is time to move on.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

"When people talk listen completely. Most people never listen." - Ernest Hemingway

effectively. Just because you have heard the words another has spoken does not mean you understand their meaning, or their feelings. We can repeat their words, but that does not show them that we understand what is behind them.

Often in difficult discussions with partners, teens or in the workplace, each has their point of view and tries to impress that upon the other. While the other is speaking, the listener may be preparing their response and not listening.

If someone has told you that you just do not understand, then you are missing something. First, we must be clear about our intent: are we wanting to argue, to prove our point, or to truly

other has been trying to say. See if you can convincingly present their point of view, or their side of the argument.

Doing this is valuable for two reasons: first, it requires listening well enough to hear all of the information; second, it requires that you look at the situation from the perspective of the other.

If two people are having a disagreement, or are trying to communicate about something important, a profound deepening of understanding can occur if they take a few moments and each role-plays the position of the other.

This does not mean simply parroting what the other has said. It means



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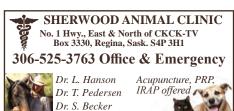
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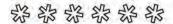
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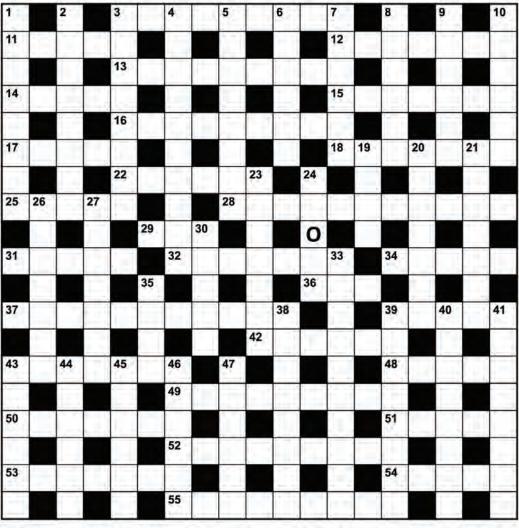
Diversions





Fill in the blanks with the words. To help you get started one letter is already in place.

3 letter words RAM TEA 4 letter words POND STIR 5 letter words ATHOS DOZEN FLOUR GLOVE I HOPE LINDA LINEN ROADS SPADE SPEAK VOICE YUCCA 6 letter words APPLES BABOON ENAMEL INLAID PIRATE RUFOUS SPONGE SPOTTY STATUE TALENT



EPISTLE LUGGAGE NEAREST OPULENT OVERLAP **PALERMO** PEASANT

SHAMPOO STARTUP 8 letter words BICYCLES DELIVERY GOLCONDA

LICENSEE NO CHARGE NONSENSE SEPARATE ZANZIBAR

9 letter words PEPPERONI POGO CELLO RETRACING SEVENTIES TELESCOPE YESTERDAY

10 letter words **PARABOLOID VEGETABLES**

11 letter words **EVELYN WAUGH** TRADITIONAL

常常常常常

VISUAL PUZZLE 给给给给给

Spot the two identical graphic elements (rotation allowed).



TATAMI

TOBAGO

7 letter words

BORDERS

BUFFALO

DIVIDED









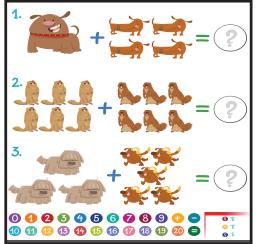






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WHITE CITY TOWN CENTRE

Since the adoption of the Town Centre Neighbourhood Plan the Town has been working with the development community to create a Town Centre that meets the current and future needs of our community. We are happy to announce – after multiple years of delay – work is now underway in the Town Centre Development!

In 2018, two subdivisions, Picasso Pathways (Caverhill Developments Inc.) and Royal Park (White City Investments Ltd.) were submitted to the Community Planning Branch of the Ministry of Government Relations for approval. The approval of these subdivisions was put on indefinite hold due to the lack of wastewater capacity in place. Had development been allowed to proceed at that time, we would likely be seeing phase two or three of Town Centre Development taking place this year.

White City's wastewater is managed by the WCRM158 Wastewater Management Authority (WMA). The WMA is a joint partnership between White City and the RM of Edenwold. Due to unforeseen circumstances, the Wastewater Treatment Plant that was intended to provide sufficient wastewater capacity for a population up to 15,000 in White City and the surrounding areas in the RM was deemed a failure. Because of this the WMA did not have enough capacity to support the current population in the catchment area, including the Picasso Pathways and Royal Park subdivisions.

After considerable work by the WMA, the Wastewater Expansion Project is now back on track. The progress on wastewater management has enabled the Town Centre Development to begin. Construction area preparation and grading has now started. Lots and homes could be available for sale in late 2022 and early 2023.

See the plans at whitecity.ca/pages/discover-town-centre

Upcoming Meetings

Committee of the Whole

September 6, 2022 at 4:00PM September 19, 2022 at 7:00PM

Regular Council Meeting

September 6, 2022 at 7:00PM

Meetings are open to public and held at:
White City Council Chambers

14 Ramm Avenue E

306 781 2355 townoffice@whitecity.ca whitecity.ca

Tips to learn more about your local history

There are lots of things you barely notice as you go through your life: old photos of people in uniform; Grandma's locket; medals tucked into a drawer; a memorial to military history that you walk past every day.

Why not stop for a minute and take a closer look? What does that monument commemorate? What do those family treasures mean? You'll often discover a fascinating story.

Here's a family project: challenge each member of the household to choose one thing they see often, but they have never thought about. Then settle in to find out more.

If it's a monument, start by reading its plaque to learn about what it commemorates. Ask questions of your family, friends and neighbours and listen to their stories. You'll probably discover that you can relate to what you hear. The plaque on that monument may bear the name of a family in your community and the locket may be a gift from grandmother's first love. You may get first-hand accounts of past events from older neighbours.

If it's a family photo, remember that they were usually used to capture significant life events. Is it of a young person in uniform on the day they left to join the armed forces?

To get more insight on your object, visit your local library or community museum. You may see a familiar face in a historical picture or recognize a former student at a wreath-laying cer-



emony.

You can find resources to help with your family research challenge, discover more century-old stories or find local events at veterans.gc.ca.

You're also welcome to join the Facebook conversation at Canada Remembers.

www.newscanada.com

School Community Council

Next ÉWCSCC - Sep 21, 2022

Virtual meetings held on the third Wednesday of the month @ 6:30. <u>ALL PARENTS WELCOME</u> - Please contact the school by email at <u>ecolewhitecityschool@pvsd.ca</u> to pre-register!

KINDERGARTEN REGISTRATION 22/23:

Contact the school at ecolewhitecityschool@pvsd.ca or 306-781-2115 if you have a child turning 5 by December 31, 2022.

Working Together For Success | Travaillons Ensemble Pour Réussir



NOTHING IS IMPOSSIBLE

The word itself says I'm Possible

~Audrey Hepburn

IMPORTANT DATES

Aug 30 Sep 1

Sep 5

Backpack Drop Off (5:30-6:30 PM) First Day of School for Students (*Kindergarten have staggered start) Labour Day (school closed)

Welcome Back Wolverines!

Online: http://whitecity.pvsd.ca/→click the "SCC" menu Phone: 306-781-2115 ÉWCSCC on Facebook: https://www.facebook.com/EWCSCC

The next issue of the **Community Newsletter** will be distributed the first week of December.

All copy MUST be submitted on or before September 20th.

We do offer a classified section containing advertisements, items for sale, employment opportunities, etc. Everyone is welcome to put meeting dates, birthdays, anniversaries, etc. on the calender, free of charge.

Please email: shannon@westernlitho.ca

Special thanks to the advertisers for supporting the distribution of our newsletter. By using their services you support our community.

SEPTEMBER 2022



WC/EP RECREATION INFORMATION/REGISTRATION CONTACTS:

Baseball: registrar@whitebutteminorball.ca Web: broncos.whitebutteminorball.ca Softball: stormsoftballregistrar@gmail.com Web: storm.whitebutteminorball.ca Cityview Skating Club: cityviewskating@gmail.com or cityviewsc.uplifterinc.com Communiskate: Paula at 306-540-7704 or communiskateadmin@sasktel.net Creative Beginnings Preschool: Keri 306-529-1200, keri@creativebeginningsps.ca Dance: Laurie 306-775-3722 lkweighill@hotmail.com, www.whitecitydancingschool.com Dance Plus EP: Amy 306-530-5108 or amyschienbein@gmail.com Dog School: Debbie 306-781-3335 or shel te@hotmail.com

Garden Club: wcgc2011@gmail.com, 306-584-9173, www.whitecitygardenclub.weebly.com Girl Guides: Jolene 306-570-9179 or Balgonie1st@gmail.com Parks & Recreation: Shane Graefer 306-781-2355 ext.225 sgraefer@whitecity.ca Pickle Ball: Ambrose 306-536-9221 Playschool: Nicola 306-529-1292, nicola.mcnaughton2@gmail.com Soccer: Adam Slinn 306-550-4789 or www.whitecityfutbol.com Prairie Storm Hockey: registrar@psmha.ca or www.psmha.ca Buffalo Plains Ringette: registration@bpringette.ca or www.bpringette.ca Newsletter: Dale Schaeffer 306-525-8796 or dale@westernlitho.ca Newsletter Advertising: Shannon Snider, shannon@westernlitho.ca



















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