

White City & Emerald Park

DECEMBER EDITION, 2025

Community Newsletter



Charlie Brown, Frosty and other 'anti-heroes' of TV specials: How holiday soundtracks inspire hope for a little more love

At the beginning of *A Charlie Brown Christmas*, the 1965 Peanuts Christmas movie, the story's anti-hero, Charlie Brown, expresses sentiments with which many of us can identify at this time of year: "Christmas is coming, but I'm not happy. I don't feel the way I'm supposed to feel ... I always end up feeling depressed."

Charles Schulz understood the uncomfortable truths of human nature like few other cartoonists. This is part of why *A Charlie Brown Christmas* so effectively conveys the double-sidedness of the holiday season.

New Yorker writer Adam Gopnik recognized this in his 2011 CBC Massey Lecture in Edmonton, "Recuperative Winter," noting that we experience

"the happiest time of year as a time of maximum stress, with feelings of sadness, disappointment, confusion, depression ..." more often "than elation."

And yet we cannot and would not want to envision a winter without holidays. At least if we look to broadcaster choices for this time of year, many of us keep returning to holiday screen narratives from childhood, whether those of Charlie Brown, Rudolph the Red-Nosed Reindeer (1964) or Frosty the Snowman (1969).

Key to the formation of this Christmas nostalgia is the music.

Flawed heroes

Why do we continue to find such pleasure in these tales? After all, these title characters not only

experience challenges to their identities but are somehow impaired in and of themselves. Charlie Brown remains a blockhead, Rudolph's unique bright nose, for which he is ostracized by other reindeer, keeps glowing brightly and Frosty ultimately melts.

Even George Bailey, the ostensible "hero" of *It's a Wonderful Life*, (1946) responds less than admirably to the various hardships that beset him.

The Christmas classic film sees an angel intervene in the life of a suffering and frustrated businessman. But after the holidays, Bailey will still have to deal with banker Potter in the "crummy little town" of Bedford Falls.

That viewers identify with these flawed characters

helps explain the attraction their holiday specials have, and for some families, annual rituals of watching them in a family circle.

Indeed, it may well be such collective engagement with these musical narratives of broken individuals and compromised conclusions that makes it possible for some of us to feel a sense of familial togetherness and belonging often associated with the holidays.

Though the outcomes of the stories are known, admirers revisit them for the recuperative memories of past experiences with family, or at least for the catharsis that nostalgia can evoke. This is the case even though these idealized and romanticized pasts may never have existed for viewers.

- continued on pg. 2

Charlie Brown, Frosty and other 'anti-heroes' of TV specials: How holiday soundtracks inspire hope for a little more love - cont'd

Music and emotions

Music serves as the foundation for the emotional economy of holiday-themed specials.

The traditional carols and newer songs typically communicate messages of religious fulfilment ("God Rest Ye Merry Gentlemen"), family pleasure ("Jingle Bells") and overcoming personal struggles ("Rudolph the Red-Nosed Reindeer"). Yet they do not ignore the darker emotional worlds of the holidays.

Gopnik singles out "In the Bleak Midwinter" as his "favourite carol." The carol's lyrics are a poem written by Christina Rossetti in the 19th century, and the song is best known in the musical arrangement by composer Gustav Holst. As

Gopnik writes, "It is a song about the remaking of the world, and it also is a song about, well, the bleak midwinter."

The Economist published an essay in 2016 under the title, "The Curious Comforts of 'In the Bleak Midwinter,'" with the subhead: "Though sombre in tone, the carol is a perennial festive favourite." A 2008 BBC poll also named it "Best Christmas Carol."

Beloved jazz piano Christmas

But the most celebrated musical representation of ambivalent emotions toward the holiday remains A Charlie Brown Christmas from almost 60 years ago.

Curiously, the show almost did not see the light of day due to various complications in production, including

pushback from CBS executives, who felt it lacked action, the children's voices needed more polish, and the jazz was inappropriate for a kids' program.

And yet that music by jazz pianist Vince Guaraldi — a self-described "reformed boogie-woogie piano player" — is a big part of what has endeared A Charlie Brown Christmas to generations of viewers.

Pulitzer-winning novelist Michael Chabon sums up its impact: "That show, in its plot, characters and perhaps above all in its music, captures an authentic bittersweetness, the melancholy of this time of year, like no other work of art I know."

Bittersweet vibes

Guaraldi's chart-topping

creation "Cast Your Fate to the Wind" (1963) has the same bittersweet vibe as his tracks for the television special, and in fact serves as the source for the iconic Charlie Brown Christmas dance number "Linus and Lucy."

Beyond Charlie Brown, Frosty and Rudolph, other holiday musical TV specials from the 1960s are also based on eponymous pre-existing songs that invoke loss or impairment. In The Little Drummer Boy (1968), Baba the sheep is seriously injured, while Santa Claus is Comin' to Town (1970) presents loss through the banning of toys.

Of course these popular audiovisual narratives exploit core threats depicted in their plots to make the outcomes seem



Dr. Kelsey Ross



Dr. Chantara Lerner

Emerald Park Dental Clinic

Hours

Monday 8-5
Tuesday 8-5
Wednesday 8-5
Thursday 8-5
Friday 8-2

Dentists

Dr. Kelsey Ross
Dr. Chantara Lerner

New Patients
Welcome

General Dentistry

Emergencies
Welcome



Dangstorp
Dental

306.949.2767 • DangstorpDental.com

312 Great Plains Road, Emerald Park S4L 0B8



all the more miraculous, yet a residue of loss remains, even in the most optimistic of them.

At the end of Santa Claus is Comin' to Town, for example, Santa is compelled to limit himself to spreading his largesse on only one night of the year.

Joy, stress and melancholy

Charlie Brown does not undergo a Scrooge-like conversion or social redemption in the closing moments of his Christmas special either.

After he claims to have ruined the tree and then suggests it needs "a little

love," one of his friends re-affirms his "loser" identity with the sarcastically insinuating phrase, "Charlie Brown is a blockhead ..."

Nevertheless, the beloved Christmas music — simple, tuneful and memorable — possesses the power to mediate the characteristic holiday mix of joy and stress and melancholy. Its

power? Helping us ever again return to the time of year with hope for more of the one and less of the others.

James Deaville
*Professor of Music,
Carleton University*

THE CONVERSATION



40 Years of Excellence

"One of Saskatchewan's Best Managed Companies!"



SAND & GRAVEL LTD.
WHITE CITY



Serbu Sand & Gravel Ltd. Provides All Types Of Excavation Services

- Concrete Removal
- Bobcat & Mini Bobcat Service
- Basements
- Track Hoe
- Snow Removal

Proudly serving Regina and surrounding area

781-SAND (7263)
781-4595

Email: nathans@sasktel.net
Website: www.serbu.ca

Suppliers Of:

- Fill Sand & Dirt
- Sand & Gravel
- Mortar Sand
- Top Soil & Manure
- Quality Aggregates Produced and Supplied Directly From Us To You!



Better Healthcare: Change the Model, Change the Outcome

No new money. No new people. No new legislation — just using what we already have, rightly.

Across Saskatchewan, there's a growing sense that our healthcare system is trying hard but gasping for air. Patients wait weeks for tests that should take minutes. Doctors are over-extended, and experienced paramedics — many no longer able to meet the rigours of front-line "road work" — are quietly leaving the profession, even though their knowledge and compassion remain strong.

MedAdvocacy™ Alliance recognizes the answer isn't more money, people, or legislation. It's simply a change in delivery model — a new way to use what we already have. And that change can lead to completely different outcomes for patients, professionals, and the health

system itself — at no extra cost.

Effort

Our primary care model was built for a different era — one when information moved slowly and specialists were few. Today's challenges are about access and coordination, not effort or dedication.

Saskatchewan already has skilled paramedics trained in diagnostics, community care protocols that allow practice outside hospitals or ambulances, and doctors stretched thin by administration. What we don't have is a model that brings these existing elements together efficiently.

The MedAdvocacy™ Clinical Paramedic Model

Our team began exploring this concept through the MedAdvocacy™ Clinical Paramedic Model, described in our new book,

A Clinic That Breathes — Book 1, Chapter 11. The book tells the story of an ordinary Saskatchewan patient with chest tightness — a situation that plays out daily across the province — and illustrates how a change in delivery model can make a profound difference.

To set that story in context, consider two versions of the same event.

In the first case, the patient visits his family doctor, receives a requisition for an ECG, travels to a diagnostic centre, waits, and returns days or weeks later for results. By then, the urgency may have passed — or worsened. The physician handles the same patient twice for a problem that could have been resolved in one appointment.

In the second scenario — the one illustrated in the

book — the same patient arrives at the same clinic but is greeted by a Clinical Paramedic: an experienced medic who can no longer manage road work but remains fully capable of performing diagnostics. The paramedic conducts an ECG and hands the results to the doctor immediately. The doctor reviews them with the patient on the spot, initiating treatment or referral before the patient ever leaves.

This transaction could be measured in minutes, not weeks.

Same doctor, same patient, an ECG machine, and an operator.

No new regulation was passed. No new people were trained.

Yet the outcome — for patient, physician, paramedic, and system — is completely transformed.

- continued on page 12



WATER HEATER & WATER SOFTENER RENTALS ARE BACK!

306-781-2090



Multicultural Canada: Korean BBQ chicken thighs

Canada has food options as diverse as the people who call it home. You can explore that variety and spruce up a high-protein dish like chicken thighs with this sweet and zesty recipe from chef Devan Rajkumar. It adds a flavourful punch to the classic chicken dinner:

Korean Marinated BBQ Chicken Thighs

Prep time: 2 hours
Cook time: 25 minutes
Makes: 4-6 servings

Ingredients:

Marinade:

- ¼ cup (60 ml) light soy sauce
- ¼ cup (60 ml) honey
- 1 tbsp (15 ml) sesame oil
- 1 tbsp (15 ml) rice vinegar
- 4 cloves garlic, finely grated
- 2 tbsp (30 ml) ginger, finely grated
- 1 tbsp (15 ml) gochujang

Thighs:

- 8 bone-in, skin-on chicken thighs
- Tip: bone-in protein adds a juicier punch
- 1 tbsp (15 ml) sesame seeds, toasted
- 2 green onions, thinly sliced
- 4 shallots, diced
- ½ tbsp (7.5 ml) cooking oil

Directions:

Marinade:

1. Place a small sauce pot on low heat and add the sesame oil, ginger and garlic. Cook for 1 minute, stirring frequently, until fragrant.
2. Remove pan from the heat and whisk in remaining marinade ingredients. Return to heat and bring to a boil.
3. Remove from the heat and let cool to room temperature, about 20 minutes.
4. In a baking dish, add the chicken thighs and cover with the marinade, making sure to evenly coat the chicken. Save a little bit of marinade to use when grilling. Cover and refrigerate for 90 minutes.



Cooking:

1. Preheat barbecue to 400°F (200°C).
2. Remove chicken from the marinade and add salt to the thighs on both sides. Let chicken come back to room temperature before grilling.
3. While the chicken rests, bring a small pan up to medium-high heat, add the cooking oil and diced shallots. Sauté until crispy, about 5 minutes. Remove shallots from pan and set aside on a paper towel to keep them crisp.
4. Turn off half the grill and place the chicken skin-side-up for 15 minutes. Brush chicken with reserved marinade and flip thighs skin-side-down. Cook until the chicken's internal temperature reaches 165°F (74°C).
5. Place chicken on a platter and top with green onions, sesame seeds and crispy shallots.

Tip: Consider chicken that was raised without antibiotics or protein that helps support sustainable farming, like the options at Maple Leaf Foods. You can learn more about protein options at mapleleaf.ca.

www.newscanada.com

Christmas 2025 **FIREWORKS & TREE LIGHTING**

DEC 4

starting at
5pm with
fireworks @

at the RM office
in Emerald Park

7pm



**Roast Marshmallows
+ enjoy FREE Hot Chocolate**



Parking is limited at the event. Free shuttle bus with drop
off at the RM office and circling around:

Aspen Links • Communiskate • Dollarama

Supported by

MAIN TRACK CAFE **LEXCOM**

WWW.RMEDENWOLD.CA/EVENTS

SPONSORED
BY



2025 **FROSTY'S FOOD DRIVE**

DROP OFF LOCATIONS FOR NON-
PERISHABLE FOOD ITEMS UNTIL DEC 16

- * RM of Edenwold Office
- * Balgonie Town Office
- * Pilot Butte Town Office
- * White City Town Office
- * Ecole White City School

All donations support the Regina Food Bank.





Councillor's Corner

with Nichole Posehn

Building Community, One Connection at a Time

Emerald Park, we'd love to celebrate the season with you!

Councillor Bezborotko and I are excited to invite you to an Emerald Park Christmas Party, a relaxed, festive evening to connect, visit, and enjoy some Christmas cheer together.

This is a great chance to bring your questions, concerns, ideas, or just come by to say hello and soak up the holiday spirit with your neighbours and councillors.

Wednesday, December 10

6:30 pm – 9:00 pm
Aspen Links Clubhouse
– Events Centre

We hope to see you there as we wrap up the

year with community, conversation, and a sparkle of Christmas magic.

If you can't make it, I want to wish everyone a wonderful and safe holiday season.



Nichole Posehn,
Division 3 Councillor

Lions Club Eyeglass Collection a Big Success Thanks to Community Generosity



The spirit of giving is alive and well in our community, and it showed in a big way this month. Our Lions Club eyeglass collection boxes, placed around the area to gather used prescription eyeglasses, have been filling up thanks to the kindness of local residents who chose to give the gift of sight.

A special shout-out goes to Penny Giles and her sorority, Preceptor Alpha Gamma of Beta Sigma Phi, who went above and beyond. They collected a large number of used prescription glasses for the Lions Recycle For Sight Program, and Penny proudly delivered a full box of donations to our November Lions Club meeting.

Their efforts, along with the generosity of so many others in our community, will help improve the lives of people around the world who desperately need vision support. Every pair of glasses donated is a second chance at clear sight,

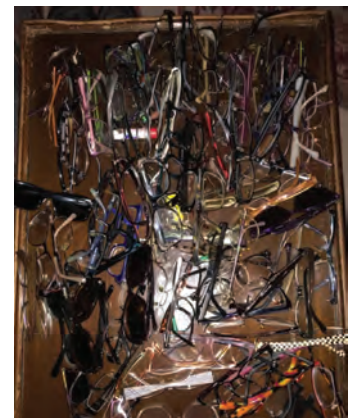
and that's a powerful gift.

To Penny, her sorority sisters, and everyone who dropped off glasses in our collection boxes: thank you. Your contributions truly make a difference.

If you've ever wondered what it's like to be part of a community-driven organization like the Lions, we'd love to meet you! The White City-Emerald Park Lions Club meets on the 4th Wednesday of each month at the White City Community Centre.

Come check us out, ask questions, get involved. There's always room for more helping hands and big hearts.

White City / Emerald Park District Lions Club





WWW.SOUTHEASTLIBRARY.CA

Adult Book Club

White City Public Library
Branch

Monday, December 15th
6:30pm

We will be discussing
The Illegal by
Lawrence Hill.

Copies available
at the front desk

NEW MEMBERS WELCOME!



FOR MORE INFORMATION
CONTACT THE LIBRARY
781-2118



WHITE CITY PUBLIC LIBRARY

brickstories

5th ANNUAL LEGO SHOW & SALE

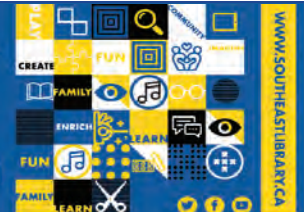
White City Community Centre
12 Ramm Avenue

December 6 & 7, 2025

10 am - 3pm

\$5 per person (cash only)

Saskatchewan LEGO Users Group
Master Builders Creations on Display
LEGO Sale (cash and tap)



The White City Public Library Branch is located in the White City Community Centre, 12 Ramm Avenue East. Online at www.southeastlibrary.ca. Drop by or give us a call 781-2118.

LIBRARY HOURS:

Monday - Wednesday 12:30-4:30 & 5:00-8:00 pm
Thursday - Friday 9:30 am-12:30 & 1:00-5:00 pm
Saturday 9:30 am-12:30 & 1:00-3:00 pm

We will be closed on December 24 -

Visit us – [f](https://www.facebook.com/WhiteCityPublicLibrary) White City Public Library Branch [t](https://www.tumblr.com/WhiteCityLib) WhiteCityLib
DECEMBER 2025 PROGRAM & EVENTS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Makerspace kits this Month! Solar Crayon Recycler Mini Button Maker	1 Stitch, Make & Chat 1:30 PM Drop-in	2 EAL Language Circle for Newcomers 6:00pm	3 Family Christmas Crafting 6:00pm Drop-in	4 Mini Button Making 3:45pm Drop-in	5 Preschool Storytime 10:00am BOOK SALE	6 Lego BrickStories 10am-3pm BOOK SALE
7 Lego BrickStories 10am-3pm BOOK SALE	8 Stitch, Make & Chat 1:30 PM Drop-in	9 EAL Language Circle for Newcomers 6:00pm	10 Family Christmas Crafting 6:00pm Drop-in	11 Mini Button Making 3:45pm Drop-in	12 Preschool Storytime 10:00am Drop-in	13 Solar Crayon Recycler Drop-in 10am-3pm
14	15 Adult Book Club 6:30pm The Illegal by Lawrence Hill	16 EAL Language Circle for Newcomers 6:00pm	17 Mini Button Making 6:00pm Drop-in	18	19 Preschool Storytime 10:00am Drop-in	20 Lego Building 1:00pm Drop-in Ages 6-12
21	22 Family Games & Puzzles 1:30 PM Drop-in	23 Last day open	24 Closed for the Holidays	25	26	27
28	29	30	31			



CHILDREN'S PROGRAMS

Preschool Storytime
Fridays @ 10:00 AM
December 5, 12, 19

A drop-in program for children 0-5 years and their caregiver. Join Gail for stories, rhymes and a simple craft. No registration required.

Makerspace Kits this Month:

Mini Button Maker: Create your own buttons using paper or fabric to create your own unique design. Template 1 1/2" diameter.

Solar Crayon Recycler: Get creative with homemade recycled crayons! Choose your colours, pick a shape, then harness the power of the sun to transform crayon pieces into custom rainbow crayons.

LEGO BrickStories
5th Annual Lego Show and Sale
Family event. December 6 & 7th 10am-3pm
\$5 per person (cash only).

Huge Annual Book Sale Dec 5-7th

ADULT PROGRAMS

Adult Book Club

Monday, Dec 15th @ 6:30 PM

We will be discussing **The Illegal** by Lawrence Hill.
Copies available at the front desk.

Stitch, Make & Chat

Socialize while you work on your quilting, beading, knitting, cross-stitch or other projects. For all skills. Materials not provided. Everyone welcome! A Drop-in program.

Family Christmas Crafting

Wednesdays @ 6:00 PM

December 3 & 10th

Join us for an evening of making various tree ornaments and decorations. A drop-in program.

To register for programs, please call 306-781-2118.

WWW.SOUTHEASTLIBRARY.CA



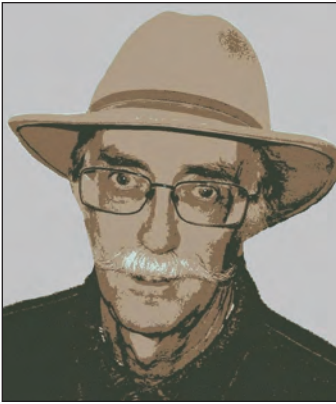
Advertise With Us Today! White City & Emerald Park Community Newsletter

Quarter Page Ad \$100 • Half Page Ad \$200

Full Page Ad \$400

Business Card \$360/year
(business card min. 1 year)

Deadline for ad copy is the 20th of each month.
Email: shannon@westernlitho.ca
for more information



Off the Beaten Track

- By John Panter

The dust, or should I say, the smoldering embers, have settled on the Emerald Park Greensview apartment complex issue, with the developer withdrawing the Discretionary Use Application at the eleventh hour, before the R.M. council had a chance to vote it down themselves.

People in Emerald Park and White City were understandably angry at the prospect of seeing their quiet, almost exclusively single-family-home neighbourhoods, changed forever with high-density rental complexes. So angry in fact that they turned out at the Public Hearing at the R.M. fire-hall in numbers unheard of in the R.M.'s history to voice their objections.

It's perhaps best left to historians to explain how zoning on a thirteen acre piece of land was changed from being part of a golf course, to future development, to high-density R3. And we need some answers from the proponents of these projects, the developers, and some councillors, to a few key questions.

For instance we have been told that Emerald Park and White City "need" high density hous-

ing and that without it these communities will not thrive. Well, sez who?

A little kid might tell his parents that he "needs" an electric scooter when what he really means is that he "wants" an electric scooter.

Without question some developers want the pot of gold that lies at the end of the government-subsidized rainbow if they are allowed to build these massive complexes, but would it be too much to ask them to produce the evidence of the "need" for them? Or evidence that our municipalities are doomed to financial ruin unless we submit to this type of growth?

On a positive note, members of our two communities discovered the power of citizen initiatives such as a town-hall meeting (a first, and very well attended), volunteer information flier distribution, (and here a shout-out to Dale Schaeffer at Western Litho for printing a beautiful flier at zero charge), petition signature solicitors, social media activism, massive turn-out at public forums and (rarest of all) showing up at municipal council meetings.

In the interest of decorum they left the flaming torches and pitchforks at home, but otherwise they expressed their opinions in no uncertain terms. And here, a nod to elected officials, often unfairly maligned by some who expect the worst of them, who did the right thing and accepted the verdict

of the people who elected them.

The Greensview saga isn't over. The developers have too much money invested in the land to walk away from it so they will be back with alternative proposals. It is to be hoped that they have learned a valuable lesson: start by talking to the community. Don't tell us what we need. Ask us what we want or don't want. Be prepared to accept that we mean business when we describe our vision for our neighbourhoods. And don't gas-light us that every potential occupant of an apartment complex would be an empty-nest downsizer granny from Emerald Park, or a retir-

ing farmer who wants his nearest new neighbor to be seven feet away on the other side of a (rented) partition wall.

And to our municipal councillors: We all can't be on Council. That's why we elect you as our representatives to reflect what we want, even if it may not coincide with your opinions. Keep listening to us, as you did on October 29th. And thank you.

**Call me if you disagree.
569-2345 or emeraldcity158@gmail.com**



Books, Books, Books

White City Library

will be holding a

Huge Book Sale

Adult, Juvenile and Children's books

Fiction and non-fiction

New and used

December 5-7th

New titles put out daily

This is a great opportunity to stock up on
Christmas gifts.

Advertise With Us Today!

White City & Emerald Park

Community Newsletter

Advertise your business card for one year - \$360! email: shannon@westernlitho.ca

PARAGON
FUNERAL & CREMATION SERVICES

MILES & LOUISE ERNST
521 VICTORIA AVENUE, REGINA, SK
(306) 359-7776
PFC@ACCESSCOMM.CA
WWW.PARAGONFUNERALSERVICES.COM

- Family owned & operated
- Serving Regina and area for over 20 years
- Full service funeral provider

WE'VE MOVED!

LIFT MOVE FUEL
PERSONAL TRAINING STUDIO

NOW LOCATED AT
320 - 6 SOUTH PLAINS RD, EMERALD PARK

WWW.LIFTMOVEFUEL.CA

JAYME MARIE R.M.T.

Therapeutic, Deep Tissue, Sports and Thai Massage

ONLINE BOOKING
DIRECT BILLING
INSURANCE RECEIPTS

306-540-9901
emeraldparkmassagetherapy.ca

#430- 6 South Plains RD, Emerald Park, SK

BRINGING MORE "YES" TO REGINA

SUNBELT RENTALS

VISIT OUR REGINA LOCATION
4850 E Victoria Ave. | Regina, SK S4N 7A9
306-271-0431

© 2020 Sunbelt Rentals. All Rights Reserved.

CORY SAWCHYN

306-789-0250
CorySawchyn@gmail.com
Regina & Area

SPEEDY STUMP CUTTER
FREE & STUMP REMOVAL

TREES | STUMPS | HEDGES | CALL TODAY FOR A FREE ESTIMATE

HUB

Insurance Brokers and Consultants

6 South Plains Road
Emerald Park, SK, S4L 1B7
Ph: 306.781.2244 Fax: 306.781.0066
www.hubinternational.com

Esthetics by Shelley
gel nails, pedicures, manicures, waxing
Shelley Bencharvski, Esthetician

- Over 20 years of experience
- Debit, Visa, Master Card, and Cash Accepted
- Tuesday, Friday - 8:30 am til 5:15 pm
- Wednesday, Thursday - 8:30 am til 8:00 pm
- By appointment only, no walk-ins

32 Fairway Crescent, White City • 306.527.8414
ksbench@sasktel.net

KEE STORAGE

42 Great Plains Rd.
Emerald Park, SK
306-781-5678
www.keestorage.com
keestorage@sasktel.net

PHARMASAVE

Charles Obeng
MPHARM RPH (PHARMACIST / OWNER)
P: (306) 347-1270 / (306) 201-6970
E: charles.ps436@sasktel.net
ps436@sasktel.net
7D Great Plain Road • Emerald Park
20% off for Seniors
Specialty Compounding • Vaccinations • 3 Month Prescription Dispensing

SHOPPERS DRUG MART

DEVIYANI J. PATEL BSP
ASSOCIATE OWNER

22B Great Plains Road
Emerald Park, SK S4L 1B6
T 306-721-7290 EXT 3.3
F 306-721-7294
asdm2464@shoppersdrugmart.ca

3 EASY WAYS TO ORDER REFILLS

- 1 By phone
- 2 Online
- 3 Mobile App

WESTERN LITHO PRINTERS
DESIGN | PRINTING

SERIOUSLY SMART PRINTING
Serving Saskatchewan businesses with unprecedented speed, efficiency and accuracy

300 Dewdney Avenue, Regina, SK S4N 0E8
Bus: 306.525.8796 Toll Free: 1.877.475.4846
Fax: 306.565.2525 | www.westernlitho.ca

M&O CONSTRUCTION

FORMFOAM BASEMENTS

www.mandoconstruction.ca
306-757-9433
SPECIALIZING IN ALL CONCRETE WORK

Advertise With Us Today!

White City & Emerald Park

Advertise your business card for one year - \$360!
email: shannon@westernlitho.ca

More Flooring In Stock, More Prices You'll Love.

Let's get flooring.

Hardwood | Laminate | Area Rugs | Luxury Vinyl | Carpet | & More!

END OF THE ROLL FLOORING CENTRES

Regina
2570 Victoria Ave E
306.585.7655

HAAS PHYSICAL THERAPY
Prof. Corp.
Strength - Balance - Stability

haasphysicaltherapy.ca
admin@haasphysicaltherapy.ca
306-559-5676
336 Great Plains Rd • Emerald Park, SK

- No Doctor Referral Needed
- Direct Billing To Insurance
- Online Booking Available

Brad Crassweller
MLA for White City - Qu'Appelle

(306) 520-5018 | mla@wc-q.ca

A - 129 Railway St. East
Balgonie, SK S0G 0E0

Advertise With Us Today!

White City & Emerald Park

Advertise your business card for one year - \$360!
email: shannon@westernlitho.ca

ENGINEERING TRUST SINCE 1976

GN GANG-NAIL TRUSSES

Cornerstone
CREDIT UNION

**DO MORE WITH
A CORNERSTONE LOAN**

Emerald Park Branch, 15 Great Plains Road

1.855.875.2255 | cornerstonecu.com |

JESSICA DUNN
REALTOR®
Real Estate | Interiors | Styling
www.athomewithjess.ca
C: 306.531.8578

JJ REALTY
REGINA

twb home décor
LOCAL HANDCRAFTED GIFTS.

101-36 Great Plains Road
Emerald Park, SK
S4L 1B6

info@twbhomedecor.com
306-775-3531
@TWBHomeDecor
TWBHomeDecor
twbhomedecor.com

Robin & Michele Tremblay
Owners

Cell: 306.535.1478
Office: 306.359.1900
jrumpel@royallepage.ca

Jason Rumpel
REALTOR®

db Dusy & Barlow
INSURANCE BROKERS LTD

302 University Park Dr.
Regina, SK S4V 0V8
Facsimile: 306.791.3471
Toll Free: 1.800.305.6737
www.saskinsurance.com
stephen.barlow@saskinsurance.com

Stephen Barlow
Insurance Broker, CAIB
Vice President Marketing/HR
Ph: 306.791.3474

SLACK'S ACCOUNTING & INCOME TAX SERVICES
Farm, Personal & Corporate Tax Preparation,
Bookkeeping & Business Consulting

Howard and Mavis Slack
Box 511, Stn. Main, White City, SK S4L 5B1
Ph: 306.781.2213 Fax: 306.781.2522
h.slack@sasktel.net or mjslack@sasktel.net

Martin Dupont LLP

Barristers, Solicitors, Mediators 200-1870 Albert Street
Regina, SK S4P 4B7

Phone: 306.525.2737
Fax: 306.565.3244
sharon@martinlawfirm.ca

Sharon A. Martin | B.A., LL.B.

KLEMP
PLUMBING & HEATING

NOW PROUDLY SERVING WHITE CITY, EMERALD PARK AND SURROUNDING AREA

JARED JACKSON

Offering Services in:
• Residential & Commercial Plumbing
• Furnace & Boiler Repair & Installation
• Air Conditioner Repair & Installation

PH (306) 545-1487
Fax (306) 731-6987
Email: kpanth@sasktel.net

Rispens
LANDSCAPING

306-522-1116 WWW.RISPENSLANDSCAPING.COM
17350 RANGE ROAD 2190, REGINA, SK

Celebrating 30 Years of Business

EMERALD PARK HOMES LTD.
Custom Builder, Our Quality Shores

Garry Sawchyn
President and C.E.O.

76 Great Plains Road
Emerald Park, SK S4L 1C3

Phone: 306-781-3383
Cell: 306-596-0577
emeraldparkhomes@sasktel.net

www.emeraldparkhomes.ca

SHERWOOD
GREENHOUSE & GARDEN CENTRE

17350 Range Road 2190 | Regina, SK | 306-522-1116
www.sherwoodgreenhouses.com

COMMUNISKATE PRO SHOP

SKATE SHARPENING • TAPE, LACES AND
MUCH MORE FOR YOUR SKATING NEEDS

P: 306 781 7465
E: communiskateadmin@sasktel.net
www.communiskate.com
201 Great Plains Road | Emerald Park, Saskatchewan

Where the Open Road Begins

Village RV

Sales & Parts 306-525-5666
Service & Hitches 306-569-8733
www.villagerv.ca

YOUR LOCAL REALTOR®

Lex KRESS

REACH OUT FOR A
COMPLIMENTARY
HOME EVALUATION
306-501-0254

TEAM

F.P.C. INDUSTRIES
CHAIN LINK FENCE SPECIALIST

Living in White City over 20 years
email: fpcindustries@sasktel.net
305 QUEBEC ST. S4R 1K5
Fax 306-721-7811 REGINA

Advertise With Us Today!
White City & Emerald Park

Advertise your
business card for
one year - \$360!
email: shannon@westernlitho.ca

RV RANCH

Dan - Lee Enterprises Inc.
Indoor/Outdoor Storage

White City Area **306-537-7372**
dan.lee.inc@sasktel.net

Andrew SCHEER
MP - REGINA-QU'APPELLE
ALWAYS ON YOUR SIDE!

984-A Albert Street
Regina SK S4R 2P7
(306) 790-4727
Andrew.Scheer@parl.gc.ca
www.andrewmp.ca

STREIFEL'S LAWN & YARD CARE LTD.
Residential • Commercial • Condominium • Acreages

P.O. Box 159
White City, SK S4L 5B1
Cell: 306-536-7180
Fax: 306-761-0031
Email: streifel@sasktel.net

Lawn Mowing, Power Raking,
Vacuum, Core Aeration, Weed
Control, Fertilizing, Hedge Trimming,
Pruning, Rototilling, Sprinkler
Blowouts, Seasonal Cleanups,
Snow Removal, Bobcat Services

FREE ESTIMATES • IN BUSINESS FOR OVER 20 YEARS

Harmony
BOOKKEEPING LTD.

BONNIE CARROLL
OWNER/OPERATOR

306-535-2065
harmonybookstld@gmail.com

WORKING TOGETHER FOR SUCCESS

Driveway Grates • Basement Braces
Steel and Metal Sales • Fabrication
CNC Plasma Cutting • Bending
Welding • Design

4S ALLWYNN STEEL
SOLID SOLUTIONS.

(306) 781-2226
6 Percival Drive, Emerald Park

Better Healthcare: Change the Model, Change the Outcome

- continued from page 4

Everything We Need Is Already Here

The genius of this model lies in its simplicity. Saskatchewan already authorizes community paramedicine under provincial protocols. Paramedics can already make house calls without an ambulance. The training, standards, and oversight exist. The doctors and clinics exist. The patients, of course, exist.

The only thing missing is recognition that these pieces can work together differently — that the same human and financial resources can be rearranged for exponentially better results. This isn't tinkering; it's a full change in outcome. Instead of fragmented care separated by time and paperwork, we see a living system — a clinic that breathes.

From Story to System

Our book *A Clinic That Breathes* tells this story not as a policy manual but as a narrative — ordinary people navigating an imperfect system that, with one good decision, can work beautifully.

Healthcare reform often gets lost in technical reports and acronyms, but everyone understands a story. Everyone can picture a patient waiting for results that could have been delivered on the spot, or a medic who still wants to serve but can no longer lift a stretcher.

The book's core message is stewardship: to take the gifts we already possess — our people, training, and equipment — and use them rightly. It's not innovation for innovation's sake,

but rediscovered common sense within a compassionate framework.

Find *A Clinic That Breathes* on Amazon (about \$10).

Why "No New Money" Matters

Whenever health reform is discussed, the first questions are:

"How much will it cost?" and "Where will we find the staff?"

But what if improvement didn't require addition? The MedAdvocacy™ model starts with subtraction — less duplication, fewer discarded professionals, less waiting, less burnout.

By aligning existing people and tools, we can increase efficiency without new tax dollars. Doctors focus on interpretation and decision-making, not paperwork. Paramedics continue mean-

ingful work in a sustainable environment. Patients get answers while they're still in the room. And the system saves money by avoiding unnecessary repeat visits and delayed interventions.

A Call for Recognition

All that's needed is a small authoritative switch — a recognition that the Clinical Paramedic role fits comfortably within current community care frameworks. It's a modest adjustment in how we see the system, not in how we fund or regulate it. Imagine the message that would send: that Saskatchewan can strengthen healthcare through prudence and design, not disruption and spending.

No new legislation. No new money. No new people — just the recognition to let it happen.



AUTO electric service

AUTOMOTIVE PARTS TOOLS & EQUIPMENT **AUTO BODY SUPPLY INDUSTRIAL & SAFETY SUPPLY**



11 INNOVATION DRIVE
EMERALD PARK
(306) 993-1629



Store Hours

Mon - Fri 7:30a - 6:00p
Saturday 9:00a - 2:30p

CANADIAN OWNED AND OPERATED SINCE 1943

Great holiday gifts!



HEATED GEAR



WORK GLOVES



NEBO LIGHTING SOLUTIONS



Plus great stocking stuffers!

A Local Effort with National Relevance

MedAdvocacy™ Alliance is based here in Saskatchewan, but the idea reaches across Canada. Every province has trained paramedics being lost to injury or burnout and physicians under pressure. The model simply asks each jurisdiction to connect the dots within its own authority. We're now sharing these ideas with community leaders and legislators who see that sustainable healthcare must grow from within, not from new layers on top.

What You Can Do

If this makes sense to you, tell your MLA it's time for a healthcare model that breathes — one that keeps

our experienced paramedics working, our doctors focused, and our patients cared for in a timely manner.

Change doesn't always require new money or laws. Sometimes, it just requires the courage to use what we already have, rightly.

MedAdvocacy™ Alliance is the operating name of QPTA MedAdvocacy Alliance Inc., a corporation duly incorporated under The Business Corporations Act (Saskatchewan). The MedAdvocacy™ Model and related materials are drawn from the book A Clinic That Breathes – Book 1, Chapter 11, available on Amazon.



MedAdvocacy Alliance
Ignite Change



MADERA

KITCHEN + BATH

free in-home consultation + measure

with no obligations or commitments

[cabinetry + furniture]
[local + experienced]

we also provide 3D renderings of every project so you can truly visualize your space!

Call Ethan in White City!
306.530.5466
maderakitchenandbath.com



VISTA SPRINGS

Expansive Executive Acreage Lots

Scan the QR code for further information to make this your back yard





GREENALL *Update* GRIFFINS



@greenallschool



Greenall High School



Lest We Forget

November Update

Greenall Remembers

The Remembrance Day Service was held this year on Nov. 7th presented by the SLC who plans and leads the service each year. Thank you to everyone who attended including community dignitaries.



Upcoming Dates

- Nov.25-26
PTI's
- Dec. 4-6
Chicago
Performances
- Dec. 19-Staff
vs. Student
Hockey Game

Greenall Musical

The show dates for "Chicago: Teen Edition" are set for December 4, 5 and matinee on Dec. 6th . Tickets are on sale already and can be purchased at TicketLeap. Thank you for all your support of the Griffin Arts Programs.
<https://www.ticketleap.events/tickets/greenallhighschool/chicago-teen-edition>



Greenall Basketball

The seasons are underway at Greenall. This year we are very excited to have 4 teams represent Greenall this year. Thank you to all the coaches and congratulations to all the athletes on the teams. Have a great season. Go Griffins Go!



Meet the council members

Youth Preparedness Council

PEYTON
2025-26 Council Member

Griffin Appointed to SPSA Youth Preparedness Agency

Congratulations to Peyton, who was chosen by the Saskatchewan Public Safety Agency as a Youth council member. The Council is dedicated to empowering SK's youth to become leaders in emergency preparedness and public safety.



Kids Corner



ERES Community Council News

Next ERESCC mtg: January 13 @ 6:30pm via Zoom

All parents are encouraged to attend as your input and ideas are welcomed and valued!

Holiday Raffle!

Support ERES Community Council's initiatives by purchasing holiday raffle tickets!
\$1,200 worth of prizes!

Tickets will be available December 1-17. Check the Emerald Ridge Elementary School Facebook page and Edsby for ticket information.

Draw December 17 at the Winter Celebration
Don't Miss Out!



Scan the QR code to purchase tickets.

Important Dates:

- **December 10**– ERES Winter Band Concert
- **December 17** – K-4 Winter Celebration (1pm & 6:30pm)
- **December 19** – Last day of classes before Christmas break
- **January 6** – Classes Resume
- **January 30** – No School

DECEMBER 2025

The next issue of the
Community Newsletter
will be distributed the
first week of January.

All copy **MUST** be submitted
on or before **December 20th.**

Everyone is welcome to put
meeting dates, birthdays,
anniversaries, etc.
on the calendar, free of charge.

Please email:
shannon@westernlitho.ca

Special thanks to the
advertisers for supporting the
distribution of our newsletter.
By using their services you
support our community.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1	2	EMERALD PARK & WHITE CITY Garbage	4	EMERALD PARK Composting	6
7	8	9	EMERALD PARK Garbage WHITE CITY Recycling	11	12	13
14	15	16	EMERALD PARK & WHITE CITY Garbage	18	19	20
21	22	WHITE CITY Composting	EMERALD PARK Garbage WHITE CITY Recycling	25	26	27
28	29	30	EMERALD PARK & WHITE CITY Garbage NEW YEAR'S EVE	CHRISTMAS DAY BOXING DAY CASA ROSA/JAMESON ESTATES Garbage pick up every Tuesday Recycling pick up every Thursday		

WC/EP RECREATION INFORMATION/REGISTRATION CONTACTS:

Baseball: registrar@whitebutteminorball.ca Web: broncos.whitebutteminorball.ca
Softball: stormsoftballregistrar@gmail.com Web: storm.whitebutteminorball.ca
Cityview Skating Club: cityviewskating@gmail.com or cityviewsc.uplifterinc.com
Communiskate: Paula at 306-540-7704 or communiskateadmin@sasktel.net
Creative Beginnings Preschool: Keri 306-529-1200, keri@creativebeginningsps.ca
Dance: Laurie 306-775-3722 lkweighill@hotmail.com, www.whitecitydancingschool.com
Dance Plus EP: Amy 306-530-5108 or amyschienbein@gmail.com
Garden Club: wgcg2011@gmail.com, 306-584-9173, www.whitecitygardendub.weebly.com

Girl Guides: Jolene 306-570-9179 or Balgonie1st@gmail.com
Parks & Recreation: Shane Graefer 306-781-2355 ext.225 sgraef@whitecity.ca
Pickle Ball: Ambrose 306-536-9221 Playschool: Nicola 306-529-1292, nicola.mcnaughton2@gmail.com
Soccer: Adam Slinn 306-550-4789 or www.whitecityfutbol.com
Prairie Storm Hockey: registrar@psmha.ca or www.psmha.ca
Buffalo Plains Ringette: registration@bpringette.ca or www.bpringette.ca
Newsletter: Dale Schaeffer 306-525-8796 or dale@westernlitho.ca
Newsletter Advertising: Shannon Snider, shannon@westernlitho.ca

Whatever it takes to **BUILD.**



REGINA | 306.721.2666 **Redhead**

Serbu
SAND & GRAVEL LTD. 306-781-4595

Discounts For White City
& Emerald Park Area
Sand & Gravel • Topsoil • Aggregates
Lorne Serbu White City

RE/MAX
CROWN REAL ESTATE
TROY GORDON
REALTOR®

Office: 306-791-7666
Cell: 306-530-7862
troy@remaxregina.ca



The Milligan Private Wealth Management Team of RBC Dominion Securities Inc.

Portfolio Management | Financial Planning
Retirement Planning | Will & Estate Planning



Wealth Management
Dominion Securities

306-777-0516 | www.shawnmilligan.com

RBC Dominion Securities Inc.* and Royal Bank of Canada are separate corporate entities which are affiliated. *Member-Canadian Investor Protection Fund. RBC Dominion Securities Inc. is a member company of RBC Wealth Management, a business segment of Royal Bank of Canada. © / ™ Trademark(s) of Royal Bank of Canada. Used under licence. ©2025 RBC Dominion Securities Inc. All rights reserved. 25_90771_PJJ_006



BERGER CAVAN GROUP

Chartered Professional Accountants and Business Advisors

Phone: 306.347.2244 Website: BCGLLP.ca

Right on the money.